

 FACULTY OF
BIOSCIENCE ENGINEERING (FBE) invites you for...

Inspiring Mornings @ UGent FBE

“Creating nutrient-enriched foods through biofortification”

Martin R. Broadley
Professor of Plant Nutrition



The University of
Nottingham



International Food & Nutrition Research Dissemination Conference
Food and Nutrition Security for a Healthier and Productive Nation
'You are what you eat'
October 26th-27th 2016
Bingu International Conference Centre, Lilongwe, Malawi

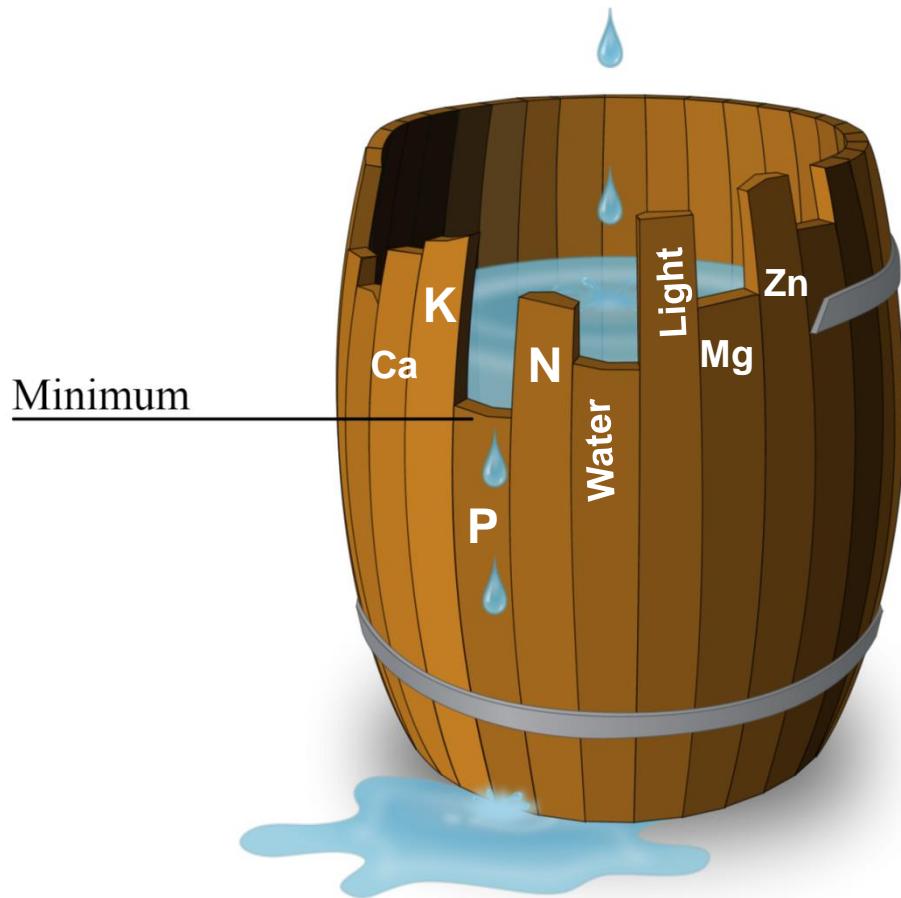
Progress in quantifying mineral micronutrient deficiencies in Malawi through Agriculture-Nutrition links

The Law of the Minimum

Justus von Liebig (1803-1873)



Liebig's Law of the Minimum



Selenium



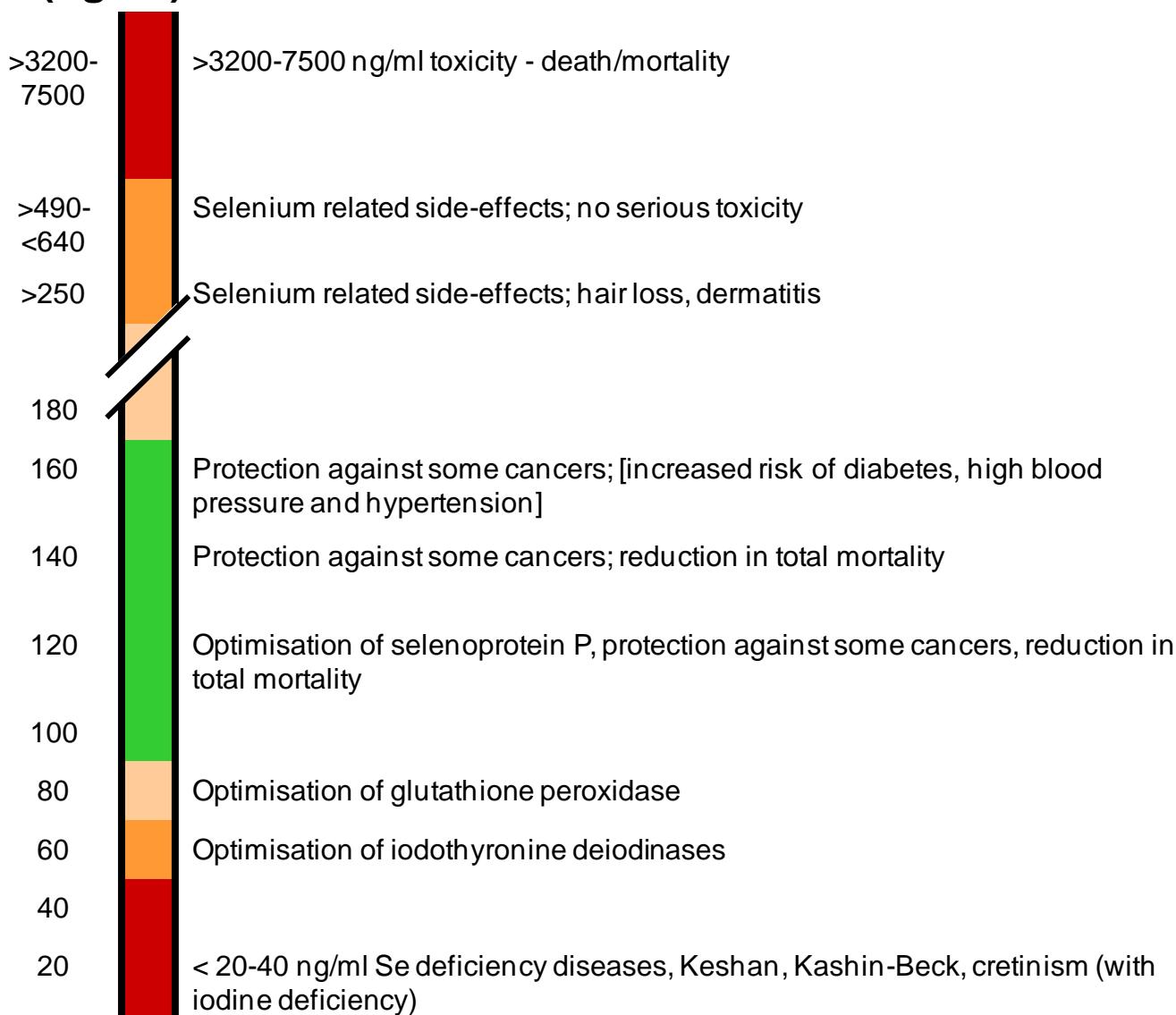
Essential for animals (but not plants)

25 selenoprotein genes in mammals

Many roles in health:
immune function
thyroid function / iodine metabolism
cardiovascular health
fertility
cancer ?

Serum/ plasma selenium (ng/ml)

Selenium biomarker



Selenium supply in Malawi: soil and grain surveys (2008-10)



Dr Allan Chilimba

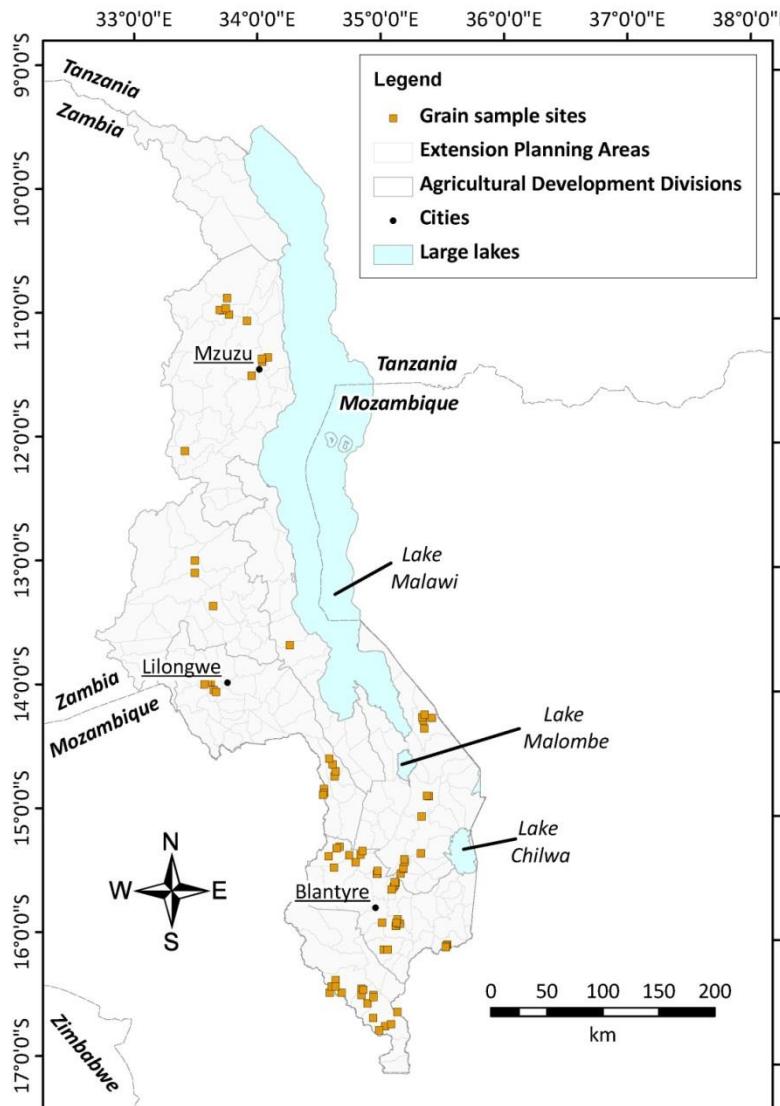


British
Geological Survey
NATIONAL ENVIRONMENT RESEARCH COUNCIL



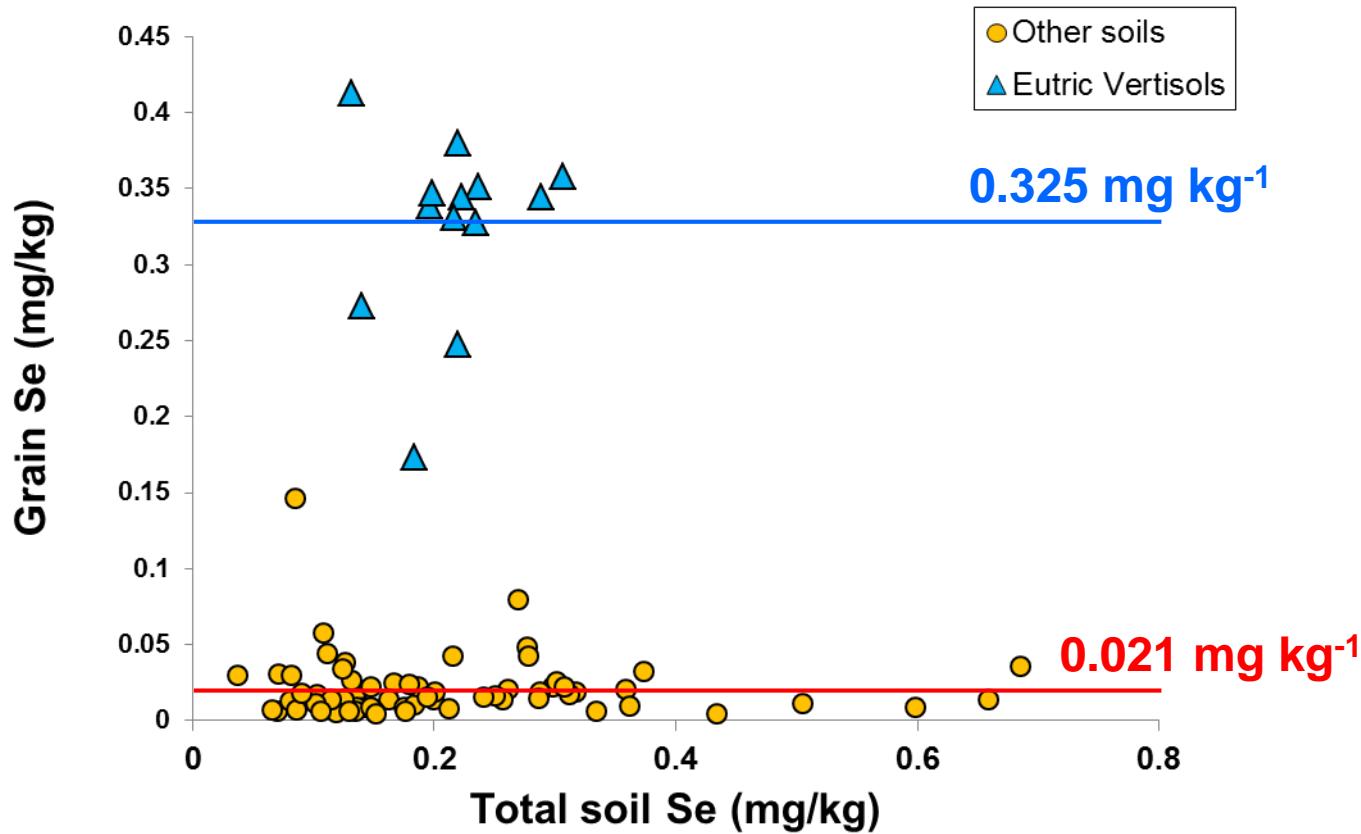
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Selenium supply in Malawi: maize-grain survey (2008-10)



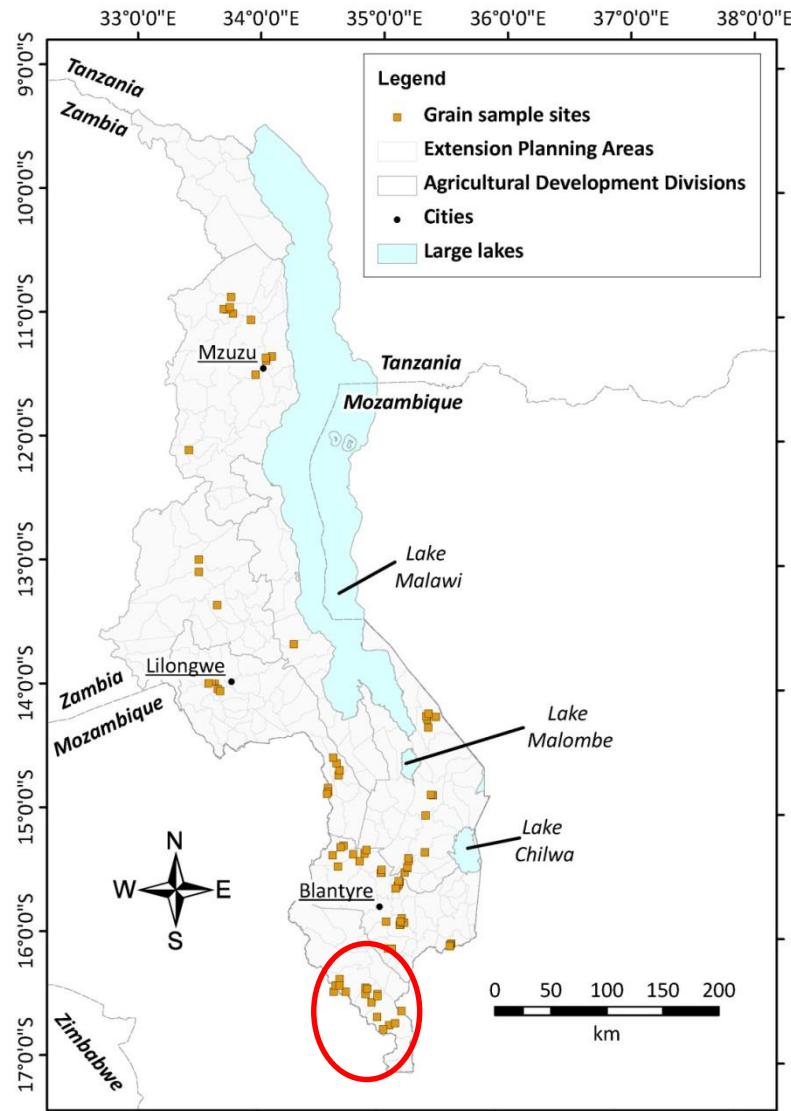
Chilimba ADC, Young SD, Black CR, Rogerson KB, Ander EL, Watts M, Lammel J, Broadley MR (2011). Maize grain and soil surveys reveal suboptimal dietary selenium intake is widespread in Malawi. *Scientific Reports*, 1, 72.

Selenium supply in Malawi: maize-grain survey (2008-10)



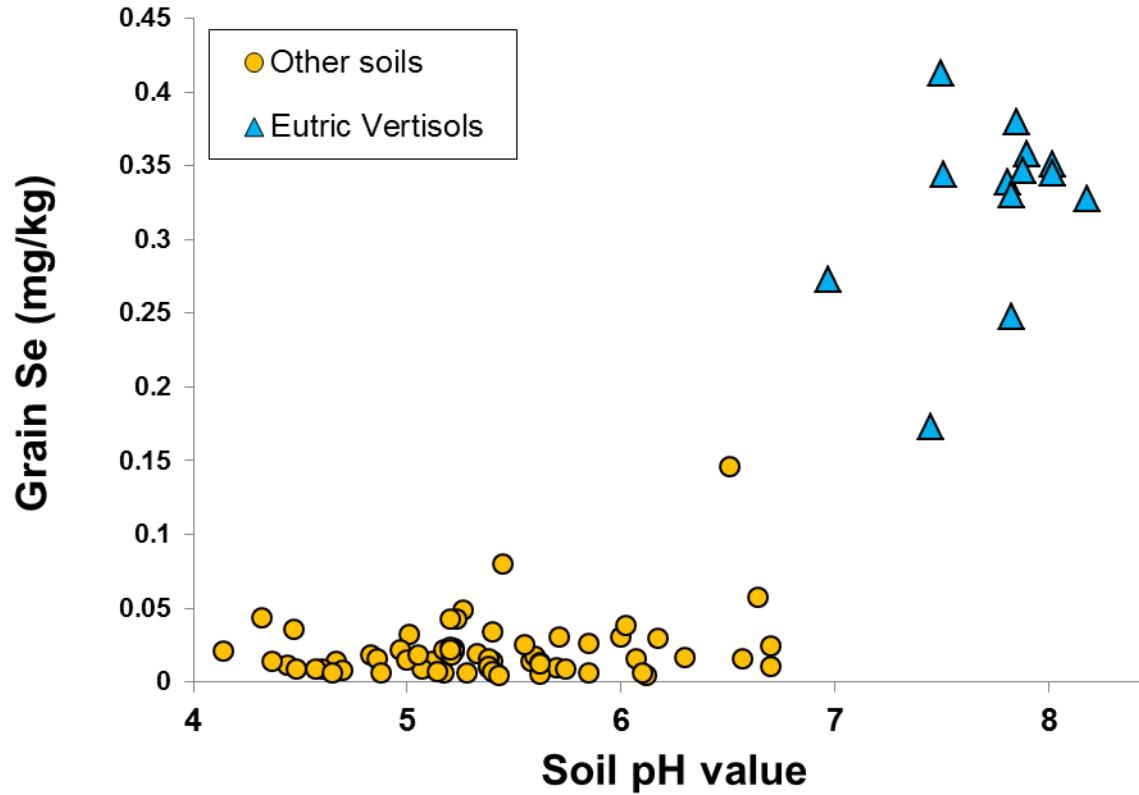
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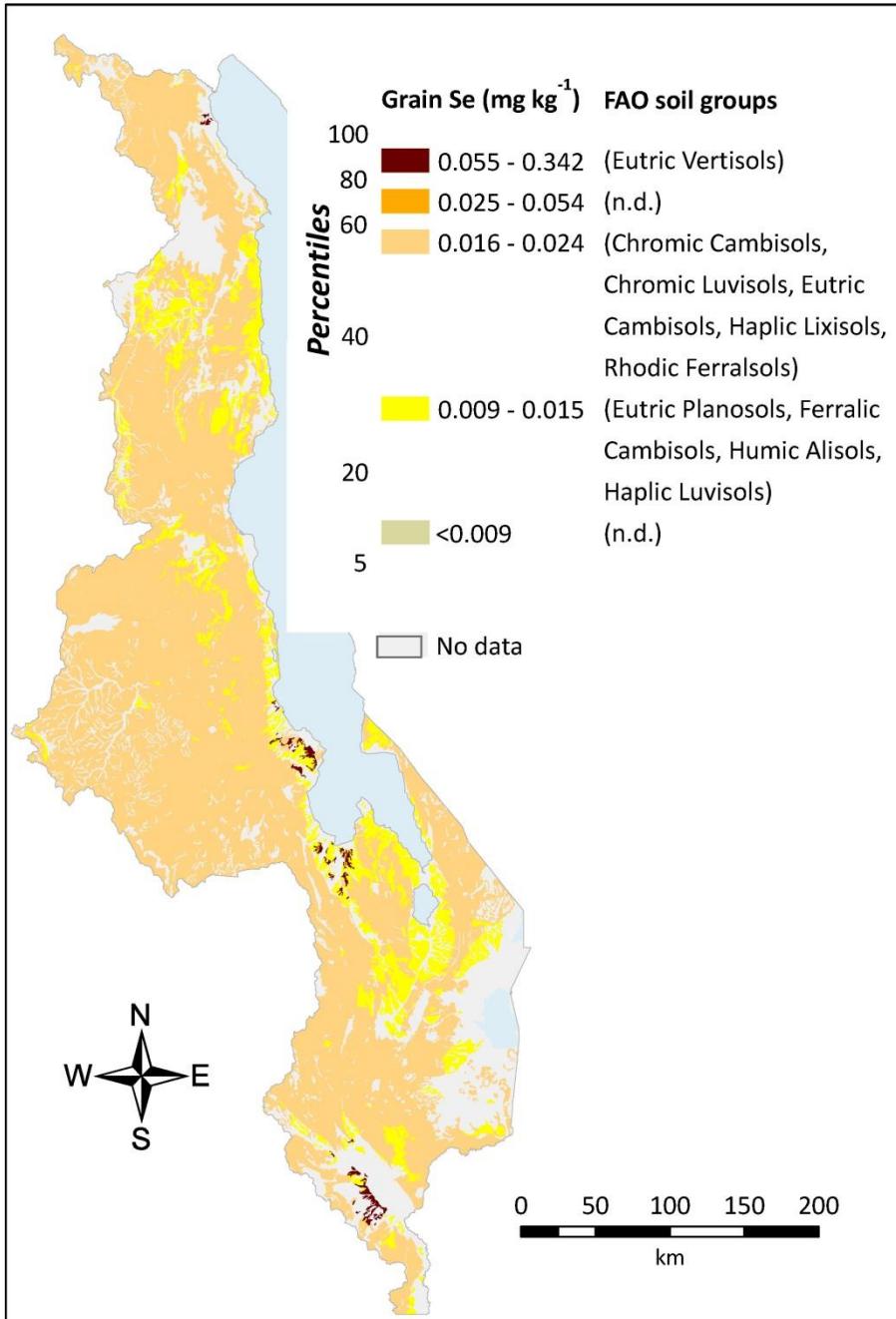


Shire valley
(Eutric Vertisols)

Selenium supply in Malawi: maize-grain survey (2008-10)



Chilimba ADC, Young SD, Black CR, Rogerson KB, Ander EL, Watts M, Lammel J, Broadley MR (2011). Maize grain and soil surveys reveal suboptimal dietary selenium intake is widespread in Malawi. *Scientific Reports*, 1, 72.



Maize grain and soil surveys reveal suboptimal dietary selenium intake is widespread in Malawi

Allan D. C. Chilima^{1,2}, Scott D. Young¹, Colin R. Black¹, Katie B. Rogerson¹, E. Louise Ander³, Michael J. Watts³, Joachim Lammel⁴ & Martin R. Broadley¹

¹School of Biosciences, University of Nottingham, Sutton Bonington Campus, Loughborough, LE12 5RD, UK, ²Ministry of Agriculture and Food Security, Department of Agricultural Research Services, Luyangwa Research Station, P.O. Box 59, Mzuzu, Malawi,

³British Geological Survey, Keyworth, NG12 5GG, UK, ⁴Yara International, Research Centre, Hannberg 48249, Duelmen, Germany.

Selenium is an essential element in human diets but the risk of suboptimal intake increases where food

Se supply from maize:

90% of population $<7.5 \mu\text{g d}^{-1}$

UK Recommended Intake = $75 \mu\text{g d}^{-1}$

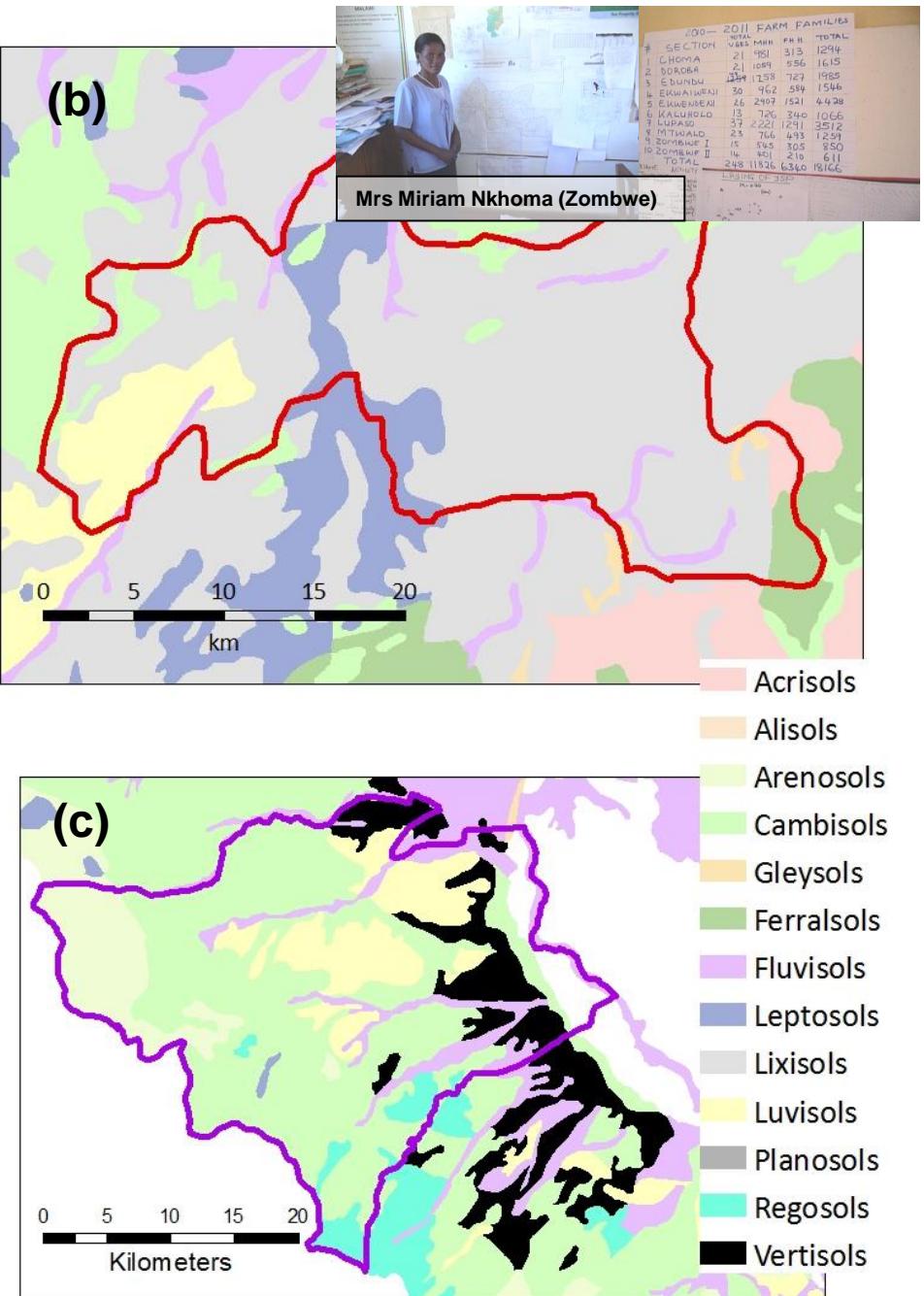
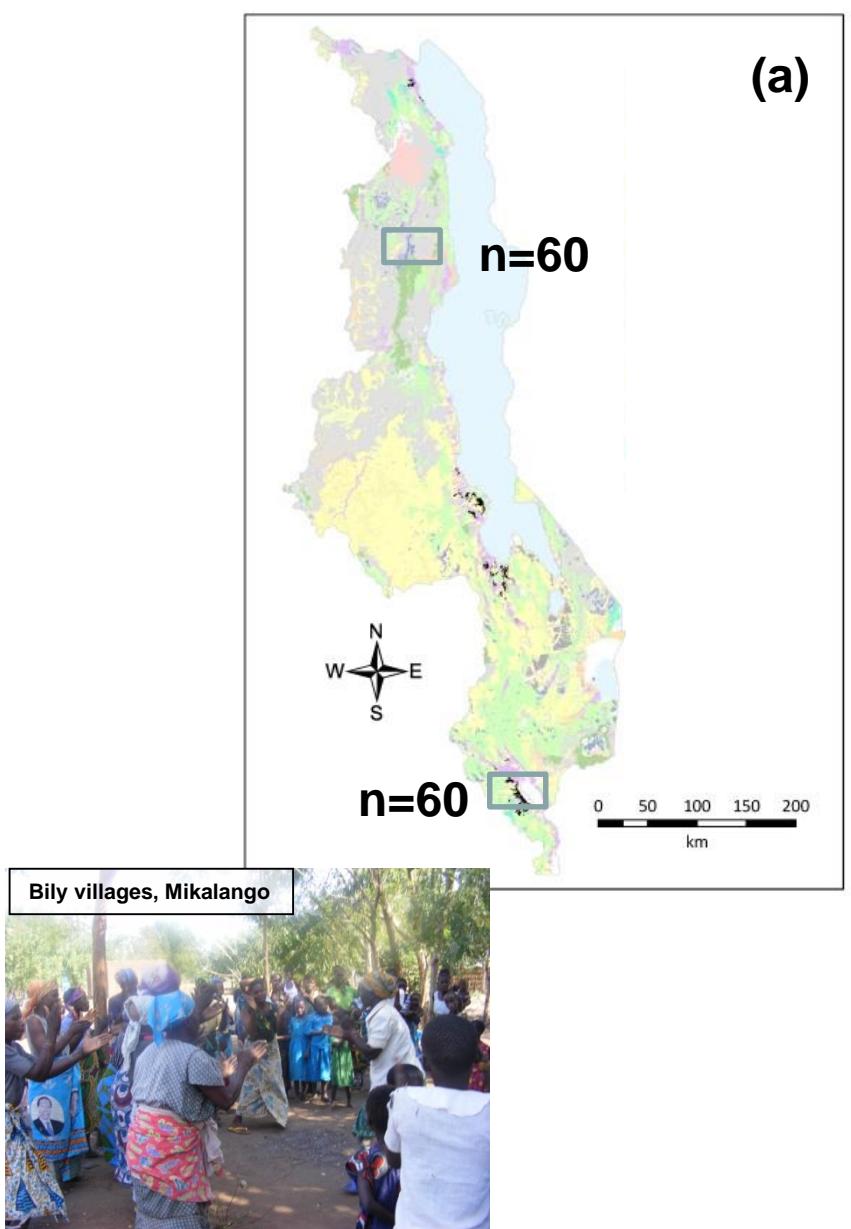
Multidisciplinary working (2010-present)



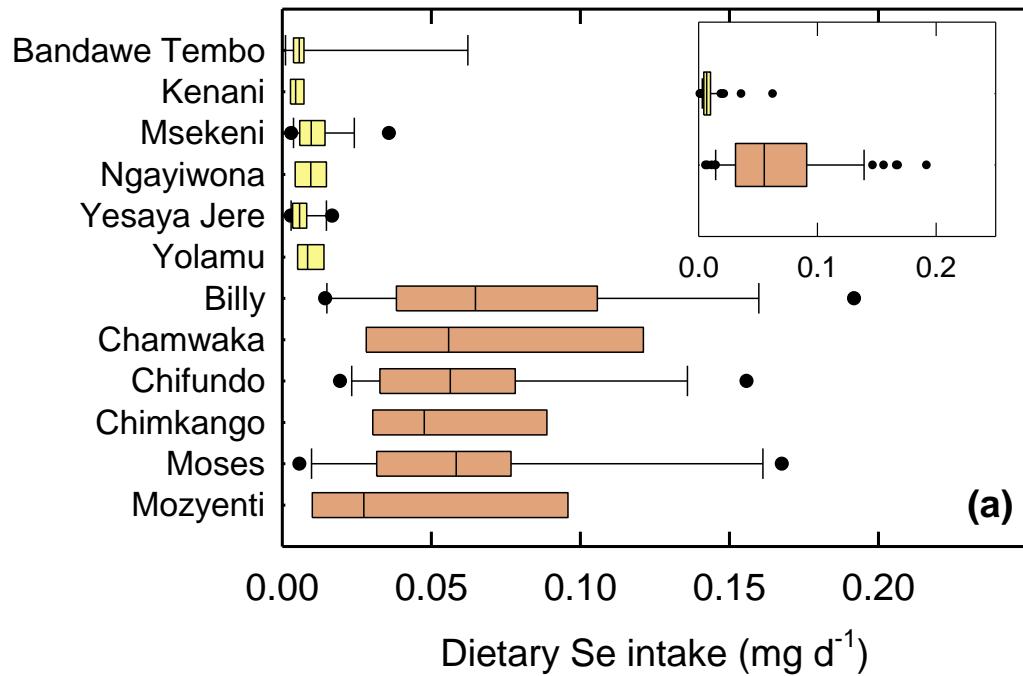
Standing: Edwin Siyame, Allan Chilimba, Max Lowole, Alexander Stein, Agnes Mgomezulu, Michael Watts, Beatrice Mtimumi, Benson Kazembe, Dalitso Kang'ombe, Scott Young, Louise Ander
Seated: Alexander Kalimbira, John Mussa, Rachel Hurst, Obed Lungu, Ros Gibson, Martin Broadley, Orpah Kabambe

Lilongwe, Malawi, September 2010

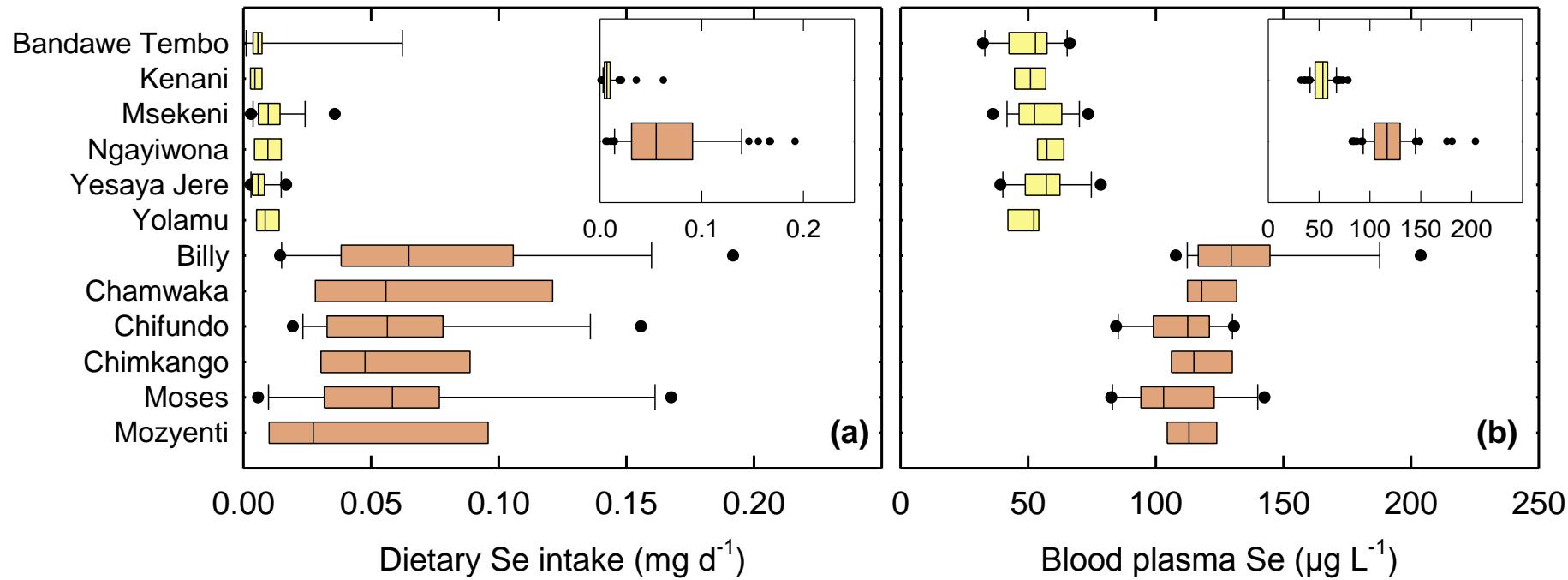
Selenium intakes and status in Malawi



Soil geochemistry linked to selenium intake...

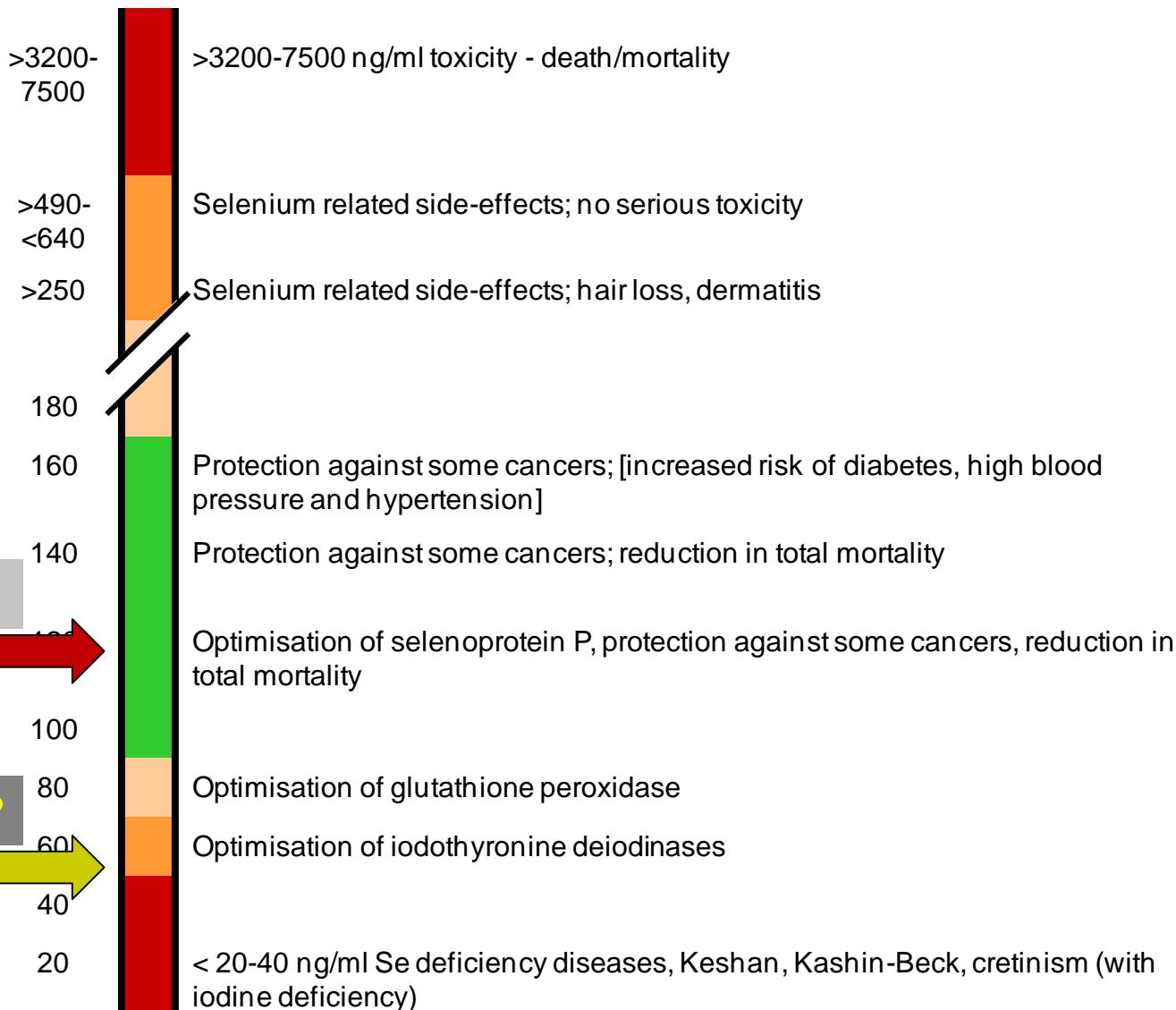


Soil geochemistry linked to selenium intake... ...and status



Selenium status in Malawi

Serum/
plasma
selenium
(ng/ml)



Shire Valley



Most of Malawi ?



Improving dietary mineral supplies

1. Diet diversification
2. Fortification
3. Agronomy
4. Crop breeding



Diet Diversification

2011-2015



GERMINATION ROOM

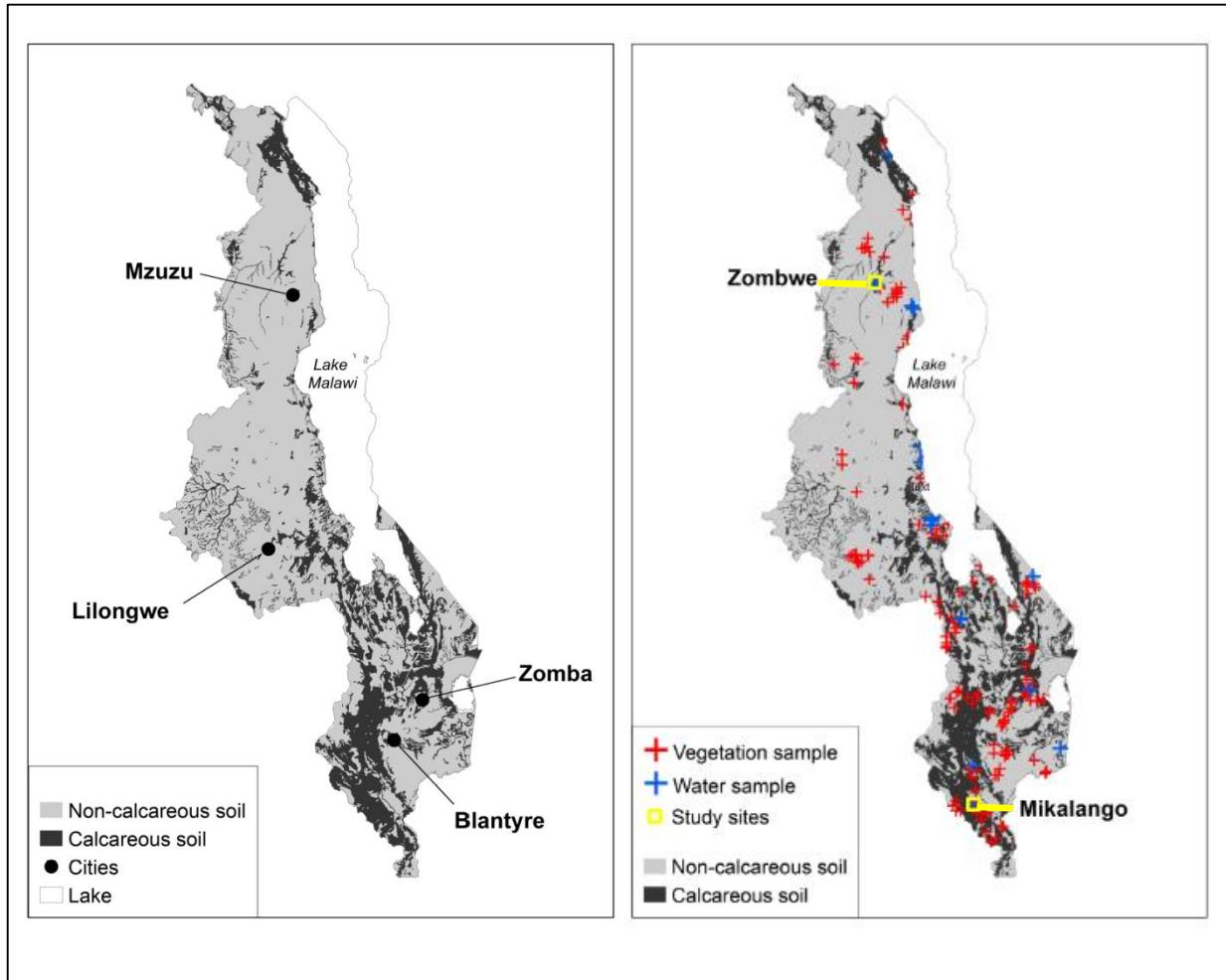


Edward Joy

Lazarus Singano

Dr Allan Chilimba

GeoNutrition: geographical variation in selenium supply



Joy EJM, Broadley MR, Young SD, Black CR, Chilimba ADC, Ander EL, Barlow TS, Watts MJ (2015). Soil type influences crop mineral composition in Malawi. *Science of the Total Environment*, 505, 587-595.



Mineral nutrient supply from surveys (Malawi)

Data from Malawi Third Integrated Household Survey (IHS3)

>12,500 households interviewed in 2010-11

Food consumption module: households asked to recall foods consumed in past 7 d from 112 items (e.g. ‘Maize *ufa* refined (fine flour)’, ‘Dried fish’)



Mineral nutrient supply from surveys (Malawi)

MODULE G: FOOD CONSUMPTION OVER PAST ONE WEEK

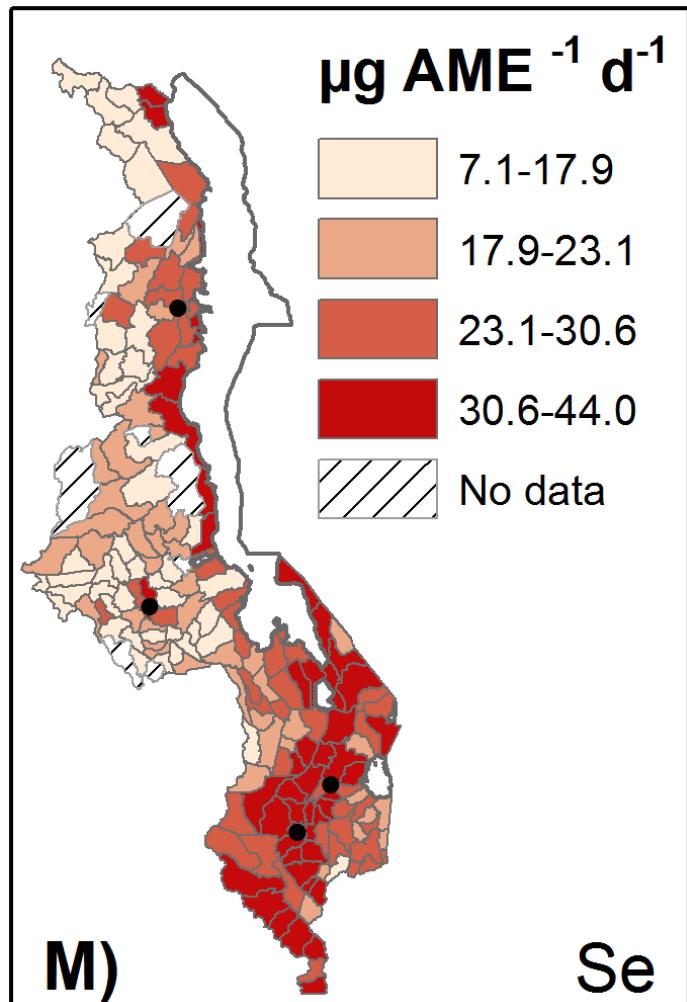
DATA ENTRY LINE NUMBER	Over the past one week (7 days), did you or others in your household consume any [...]?	G01 YES...1 NO...2>> NEXT ITEM	G02 ITEM	G03 How much in total did your household consume in the past week?	G04 How much came from purchases?	G05 How much did you spend?	G06 How much came from own-production?	G07 How much came from gifts and other sources?				
									ITEM CODE	QUANTITY	UNIT	QUANTITY
1	Cereals, Grains and Cereal Products											
2	Maize ufa mgalwa (normal flour)		101									
3	Maize ufa refined (fine flour)		102									
4	Maize ufa madeya (bran flour)		103									
5	Maize grain (not as ufa)		104									
6	Green maize		105									
7	Rice		106									
8	Finger millet (mawere)		107									
9	Sorghum (mapra)		108									
10	Pearl millet (mchewere)		109									
11	Wheat flour		110									
12	Bread		111									
13	Buns, scones		112									
14	Biscuits		113									
15	Spaghetti, macaroni, pasta		114									
16	Breakfast cereal		115									
17	Infant feeding cereals		116									
18	Other (specify)		117									
19	Roots, Tubers, and Plantains											
20	Cassava tubers		201									
21	Cassava flour		202									
22	White sweet potato		203									
23	Orange sweet potato		204									
24	Irish potato		205									
25	Potato crisps		206									
26	Plantain, cooking banana		207									
27	Cocoyam (masimb)		208									
28	Other (specify)		209									

CODES FOR UNIT:

KILOGRAMME1
50 KG. BAG2
90 KG. BAG3
PAUL (SMALL)4
PAUL (LARGE)5
No. 10 PLATE6
No. 12 PLATE7
BUNCH8
PIECE9
HEAP10
BALE11
BASKET (DENGU) (SHELLED)12
BASKET (DENGU) (UNSHELLED)13
OX-CART (UNSHELLED)14
LITRE15
CUP16
TIN17
GRAM18
MILLILITRE19
TEASPOON20
BASIN21
SATCHET/TUBE22
OTHER (SPECIFY)23

Selenium supply and deficiency risks in Malawi

AME =
adult male
equivalent

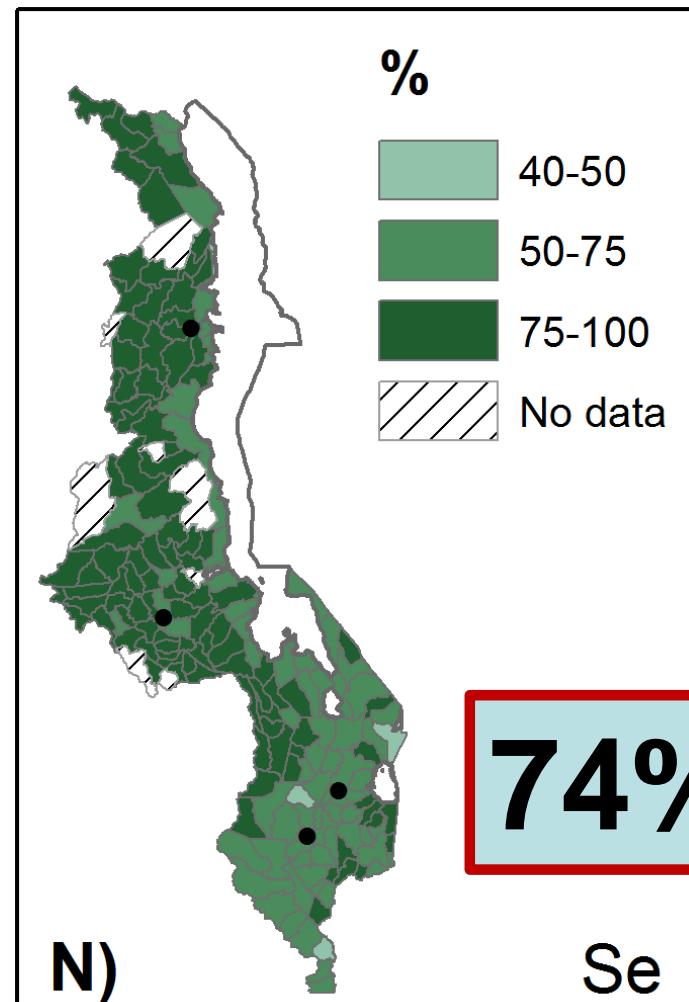


Median Se supply

Estimated Average Requirement

$\mu\text{g AME}^{-1} \text{d}^{-1}$

- 7.1-17.9
- 17.9-23.1
- 23.1-30.6
- 30.6-44.0
- No data



74%

N)

Se

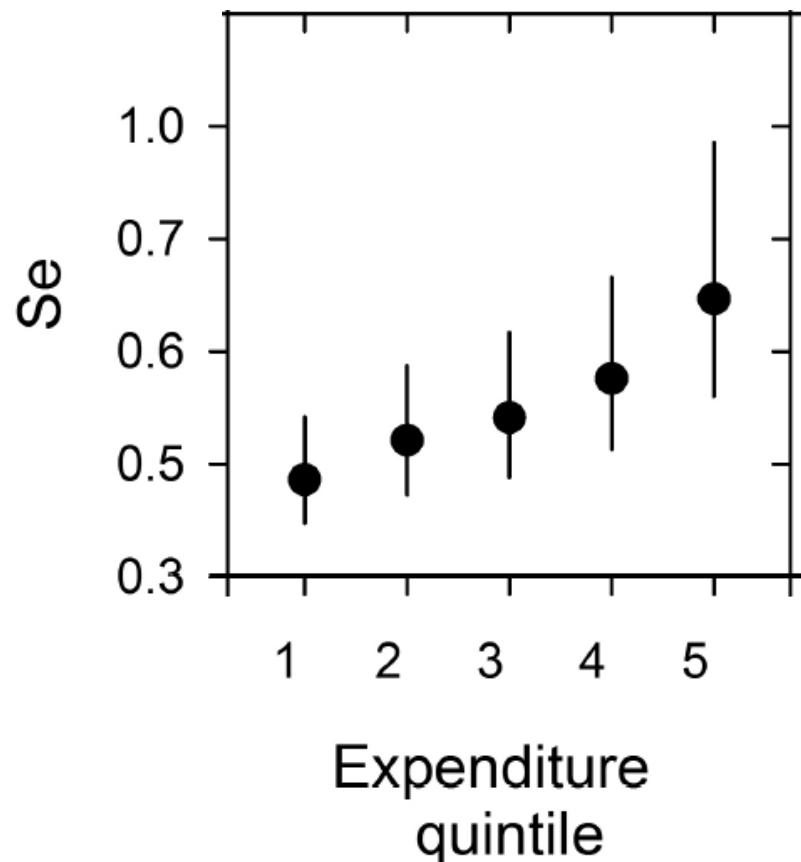
= 21.4 $\mu\text{g capita}^{-1} \text{d}^{-1}$

= 36.0 $\mu\text{g capita} \text{d}^{-1}$

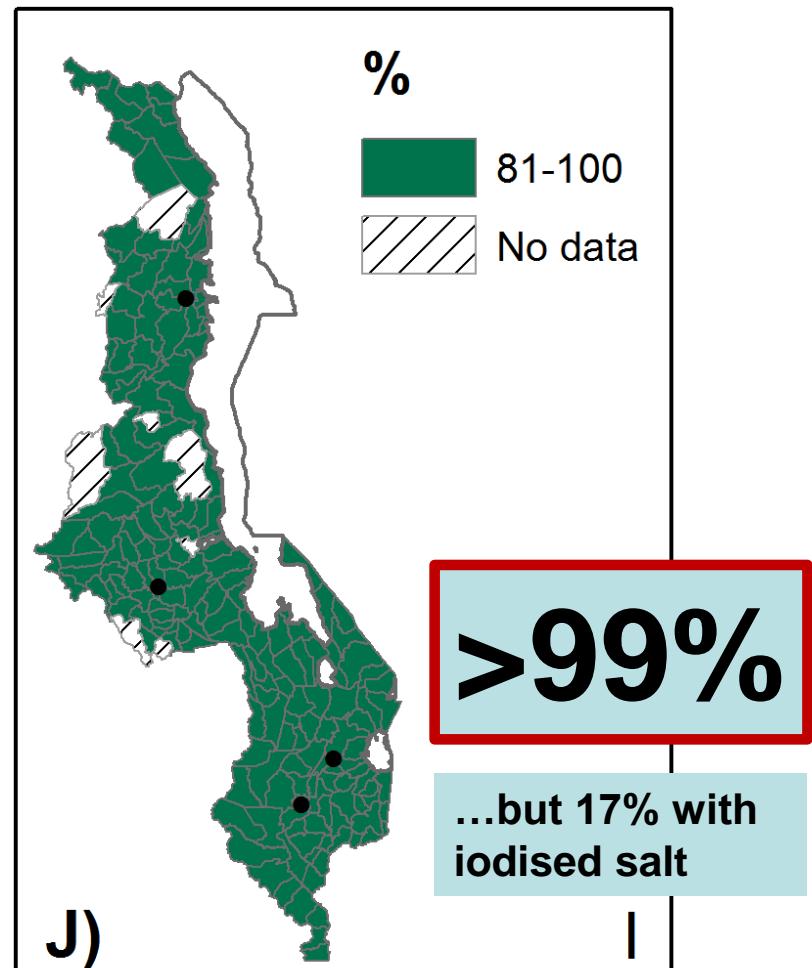
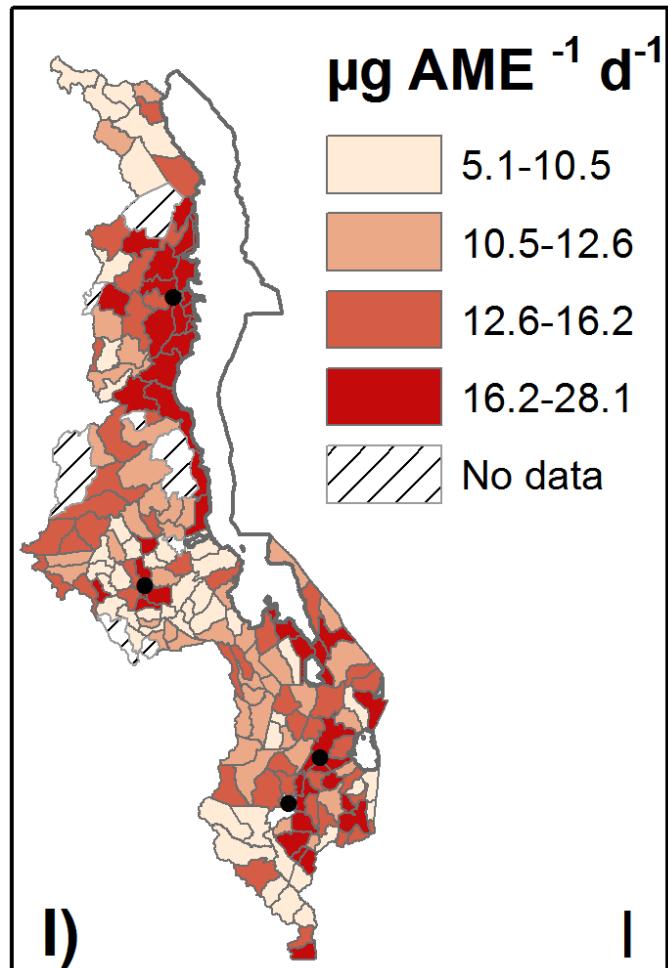


Se supply vs socioeconomic factors in Malawi

Se supply as proportion of household requirements (adequacy = 1)



Iodine supply and deficiency risks in Malawi



Median I supply

Estimated Average Requirement = $12.6 \mu\text{g capita}^{-1} \text{d}^{-1}$

= $107.0 \mu\text{g capita}^{-1} \text{d}^{-1}$

Agronomy

Se-fertilizer experiments in Malawi (2009 & 2010, plots=979)



Se-fertilizer experiments in Malawi (2009 & 2010)



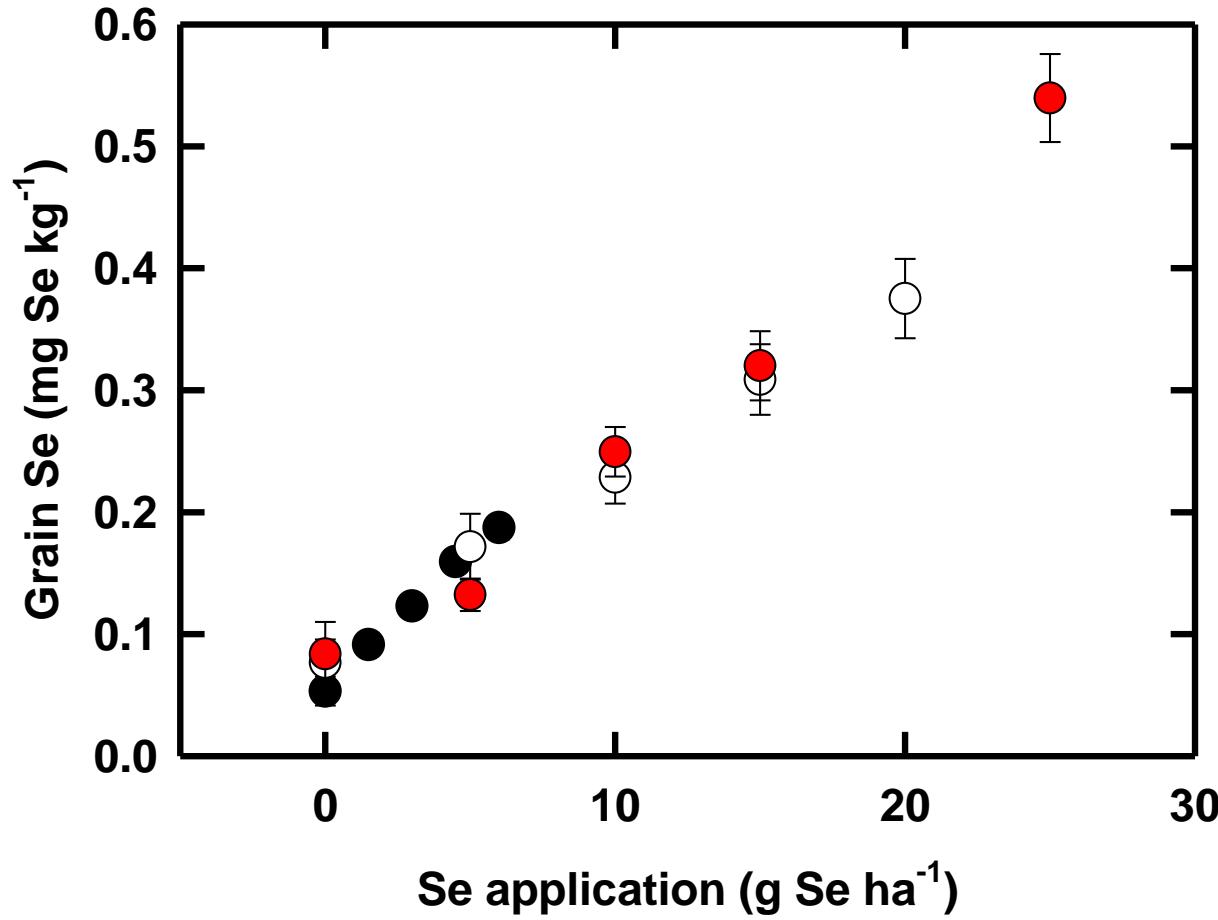
January 2009

Se-fertilizer experiments in Malawi (2009 & 2010)



January 2009

Se-fertilizer experiments Malawi: results summary



Liquid drench

$$y = 0.019x + 0.061$$



CAN+Se (granular)

$$15-22 \mu\text{g Se kg}^{-1} \text{ grain} \cdot \text{g}^{-1} \text{ Se ha}^{-1}$$



NPK+Se (granular)

Chilimba ADC et al. (2012). *Field Crops Research* 125: 118-128

Ultra-trace amounts of selenium are required



Flickr, Gunilla G (CC BY-SA 2.0)

Flickr, Eamon Curry (CC BY 2.0)

Options to alleviate selenium deficiency in Malawi

- 1. Do nothing?**

- 2. Change fertilizer policy
[as done in Finland]**

Precedent for using selenium fertilisers in Finland

Selenium added to solid multi-nutrient fertilizers (mg kg^{-1} arable / grass sectors)

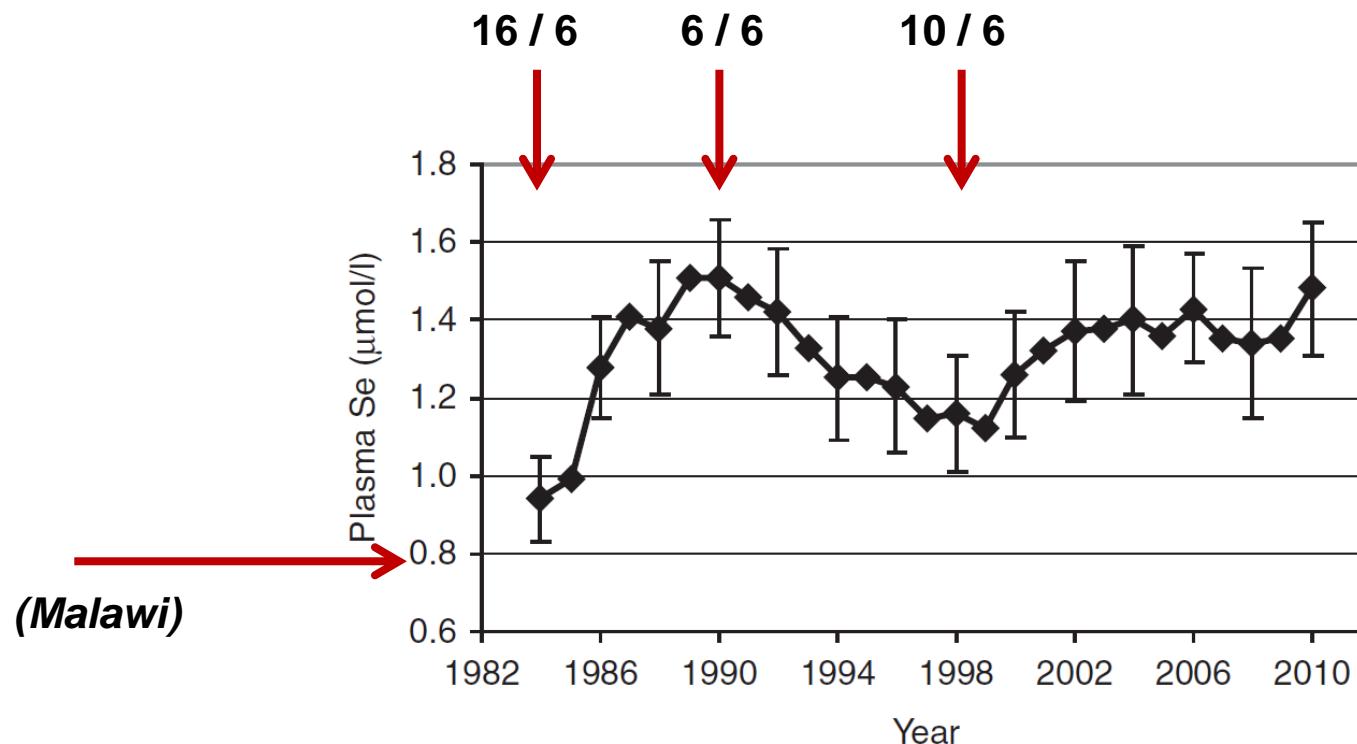


Fig. 17.7. Mean annual plasma selenium concentration in healthy Finns before and during the selenium fertilization.

Alfthan G. et al. (2012). Nationwide supplementation of sodium selenate to commercial fertilizers: history and 25-year results from the Finnish Selenium Monitoring Programme. In: Thompson B, Amoroso L (eds), Combating micronutrient deficiencies: food-based approaches. CAB International and Food and Agriculture Organization of the United Nations (FAO), Rome, pp 312-337.

Options to alleviate selenium deficiency in Malawi

- 1. Do nothing?**
- 2. Change fertilizer policy**
[as done in Finland]
- 3. Extend the evidence base**

Extend the evidence base

CHSU Labs, Lilongwe, April 18th 2016

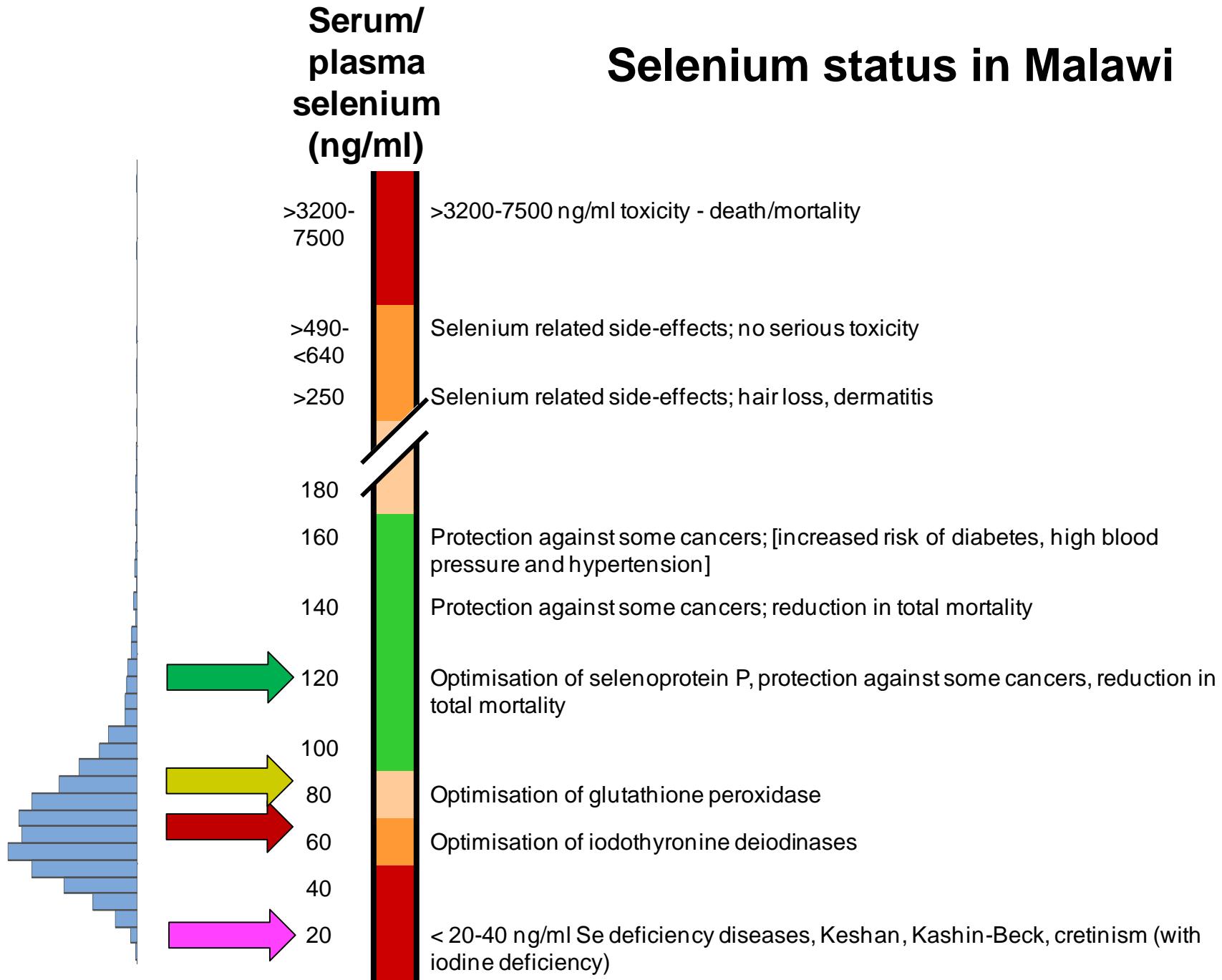
Jellita Gondwe



Felix Phiri



Selenium status in Malawi



Options to alleviate Se deficiency in Malawi

- 1. Do nothing?**
- 2. Change fertilizer policy**
[as done in Finland]
- 3. Extend the evidence base**
- 4. R&D**
[intervention studies, single/multiple inputs, long-term health outcomes, cost-benefit, socio-economic analysis, social sciences, ethics]



FERTBIO 2016

"RUMO AOS NOVOS DESAFIOS"

16 a 20 de Outubro
Centro de Convenções de Goiânia - GO

Zinc (Zn) fertiliser use and its impact on human health

Martin R. Broadley

Munir Zia, Waqar Ahmad, Diriba Kumssa, Edward Joy,
Louise Ander, Michael Watts, Alexander Stein, Scott Young



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Nottingham

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& TROPICAL
MEDICINE



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**British
Geological Survey**
NATIONAL ENVIRONMENT RESEARCH COUNCIL



Original Communication

A High Prevalence of Zinc- but not Iron-Deficiency among Women in Rural Malawi: a Cross-Sectional Study

Edwin W. P. Siyame¹, Rachel Hurst², Anna A. Wawer², Scott D. Young³, Martin R. Broadley³, Allan D. C. Chilimba⁴, Louise E. Ander⁵, Michael J. Watts⁵, Benson Chilima⁶, Jellita Gondwe⁶, Dalitso Kang'ombe⁷, Alexander Kalimbira¹, Susan J. Fairweather-Tait², Karl B. Bailey⁸, and Rosalind S. Gibson⁸

¹Department of Home Economics and Human Nutrition, Lilongwe University of Agriculture and Natural Resources, Bunda College Campus, Lilongwe, Malawi

²Department of Nutrition, Norwich Medical School, University of East Anglia, Norwich, UK

³School of Biosciences, University of Nottingham, Sutton Bonington Campus, Loughborough, UK

⁴Ministry of Agriculture, Irrigation and Water Development, Department of Agricultural Research Services, Lunyangwa Research Station, Mzuzu, Malawi

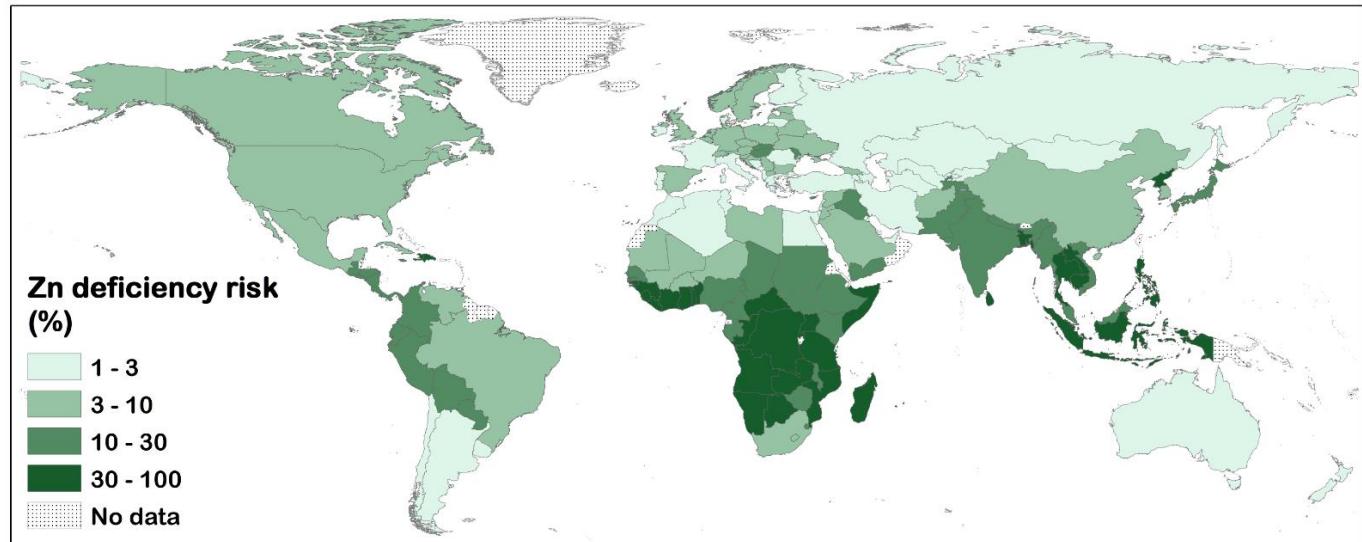
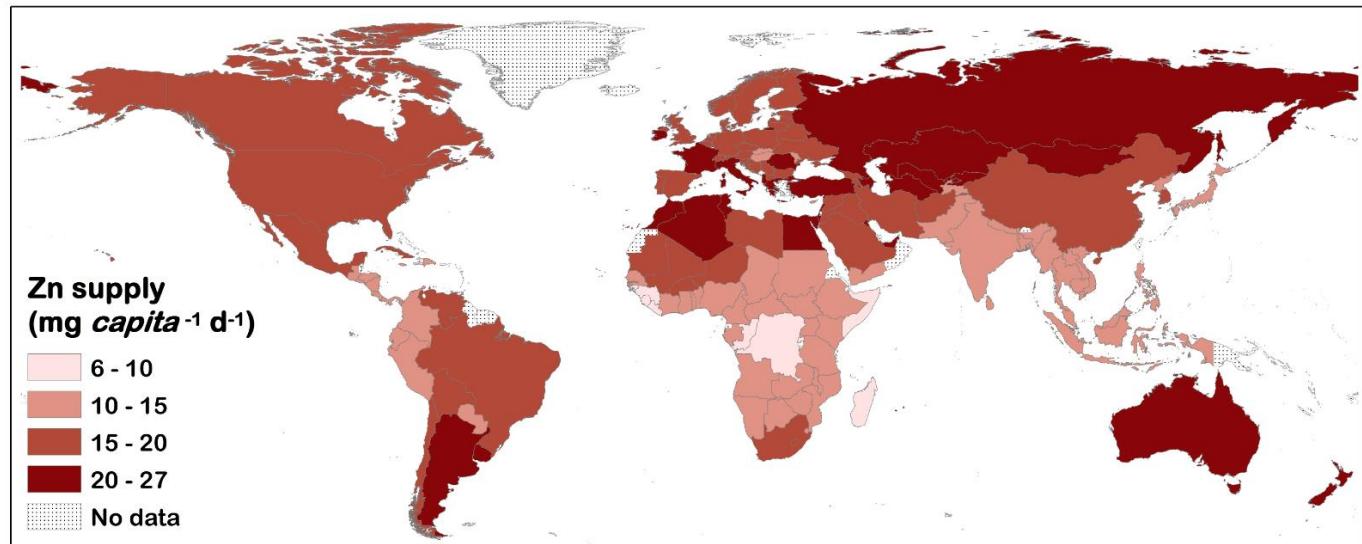
⁵British Geological Survey, Keyworth, Nottingham, UK

⁶Community Health Sciences Unit, Ministry of Health, Lilongwe, Malawi

⁷Nutrition Unit of Ministry of Health, Lilongwe, Malawi

⁸Department of Human Nutrition, University of Otago, Dunedin, New Zealand

Dietary Zn supply: ~20% are deficient

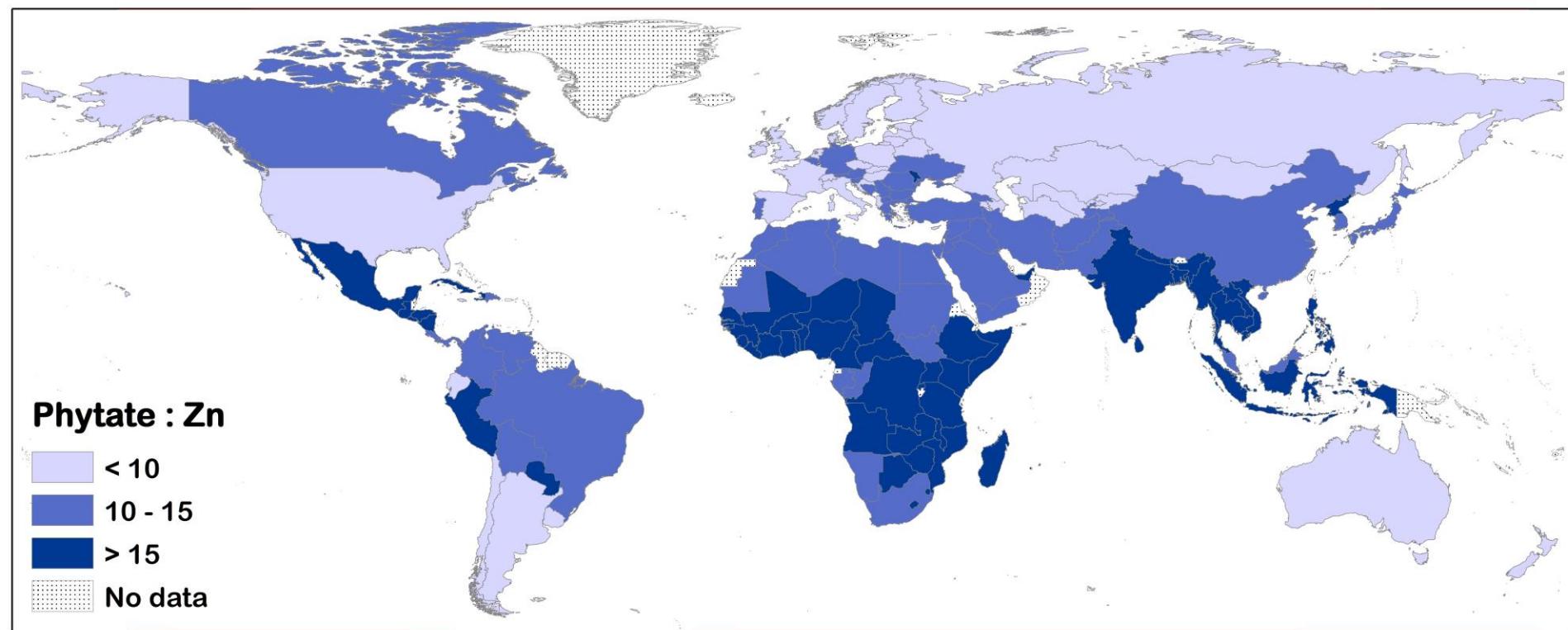


Diriba Kumssa



Kumssa DB, Joy EJM, Ander EL, Watts MJ, Young SD, Walker S, Broadley MR (2015). Dietary calcium and zinc deficiency risks are decreasing but remain prevalent. *Scientific Reports*, 5, 10974.

Zn deficiency risks increased due to phytate-P in cereal grains and legume seeds



Kumssa DB, Joy EJM, Ander EL, Watts MJ, Young SD, Walker S, Broadley MR (2015). Dietary calcium and zinc deficiency risks are decreasing but remain prevalent. *Scientific Reports*, 5, 10974.

Health Economic Analyses (based on Disability Adjusted Life Years, DALYs)

Intervention	Cost per DALY saved (US \$)	Notes	Source
Granular fertiliser	773-6457	sub-Saharan Africa	Joy et al., 2015
Foliar fertiliser	81-575	sub-Saharan Africa	Joy et al., 2015
Soil + foliar fertiliser	256-549	Pakistan (Punjab, Sindh)	Joy et al., 2016
Foliar (w/ pesticide)	41-594	China	Wang et al. 2016
Crop breeding	0.7-7.3	India (1.1 billion)	Stein et al., 2006
Supplements	65-2758	Prophylactic, 1-4 yrs	Fink & Heitner, 2014
Flour fortification	401	Zambia, VA, Fe, Zn	Fielder et al., 2013

Joy EJM, Stein AJ, Young SD, EL Ander, MJ Watts, Broadley MR (2015). Zinc-enriched fertilisers as a potential public health intervention in Africa. *Plant and Soil*, 389, 1-24.

Joy EJM, Ahmad W, Zia MH, Kumssa DB, Young SD, Watts MJ, Stein AJ, Broadley MR (2016). Valuing increased zinc (Zn) fertiliser-use in Pakistan. *Plant and Soil*, doi: 10.1007/s11104-016-2961-7.

Improving dietary mineral supplies

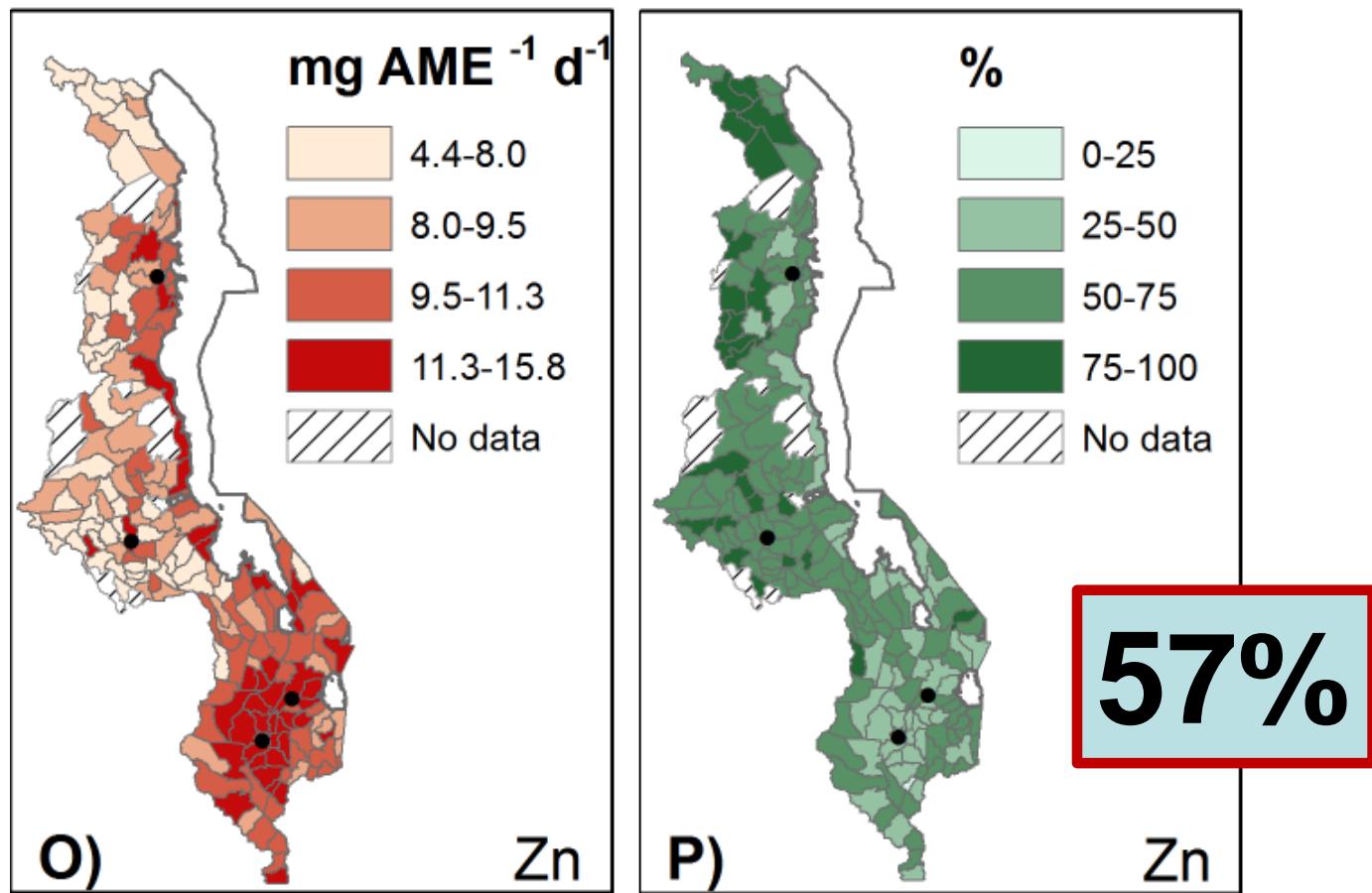
1. Diet diversification
2. Food fortification
3. Agronomy
4. Crop breeding



Diet Diversification

Zn supply in Malawi

AME = adult
male equivalent



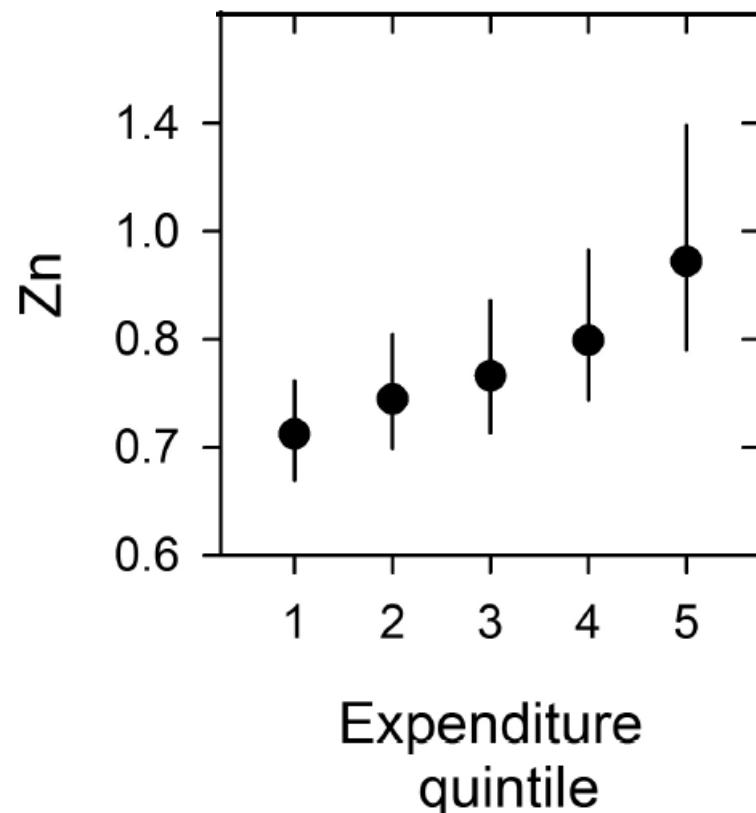
Median Zn supply (per AME) = $10 \text{ mg capita}^{-1} \text{ d}^{-1}$

Estimated Average Requirement = $\sim 12 \text{ mg capita}^{-1} \text{ d}^{-1}$



Zn supply vs socioeconomic factors in Malawi

Zn supply as proportion of household requirements



Agronomy

Health Economic Analyses

Plant Soil (2015) 389:1–24
DOI 10.1007/s11104-015-2430-8

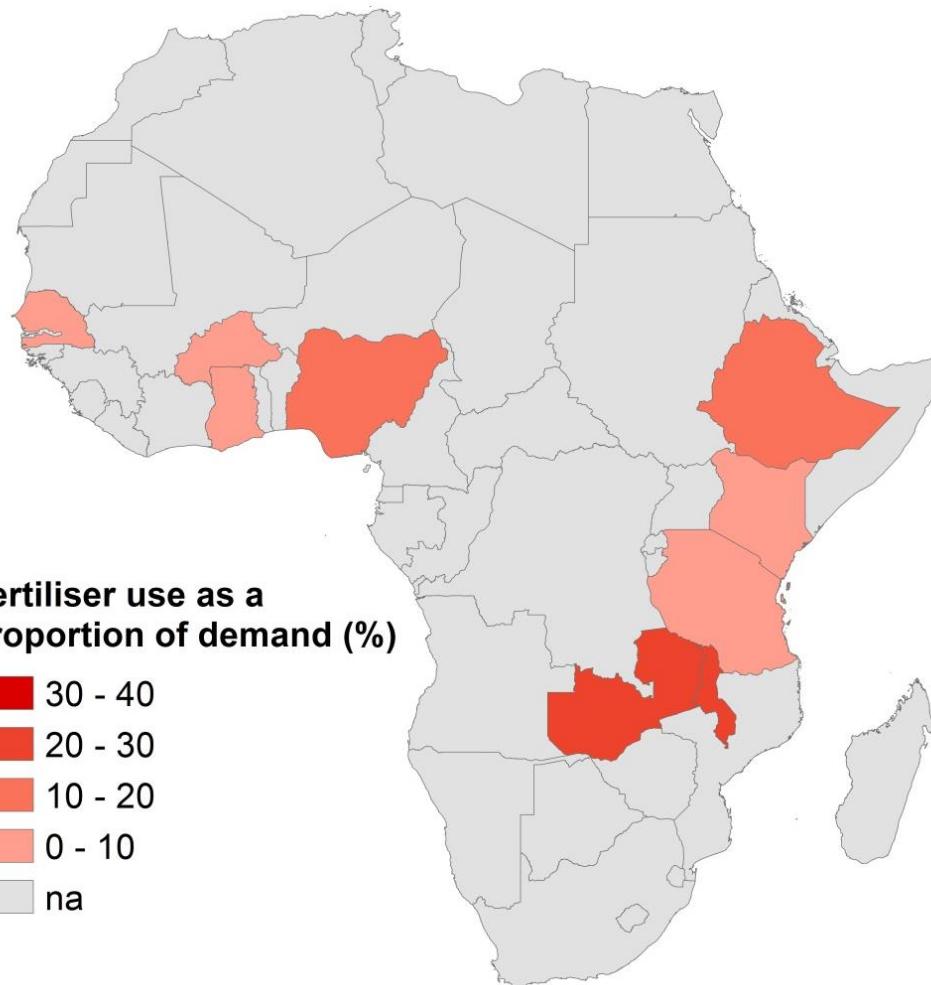
MARSCHNER REVIEW

Zinc-enriched fertilisers as a potential public health intervention in Africa

**Edward J. M. Joy · Alexander J. Stein ·
Scott D. Young · E. Louise Ander · Michael J. Watts ·
Martin R. Broadley**

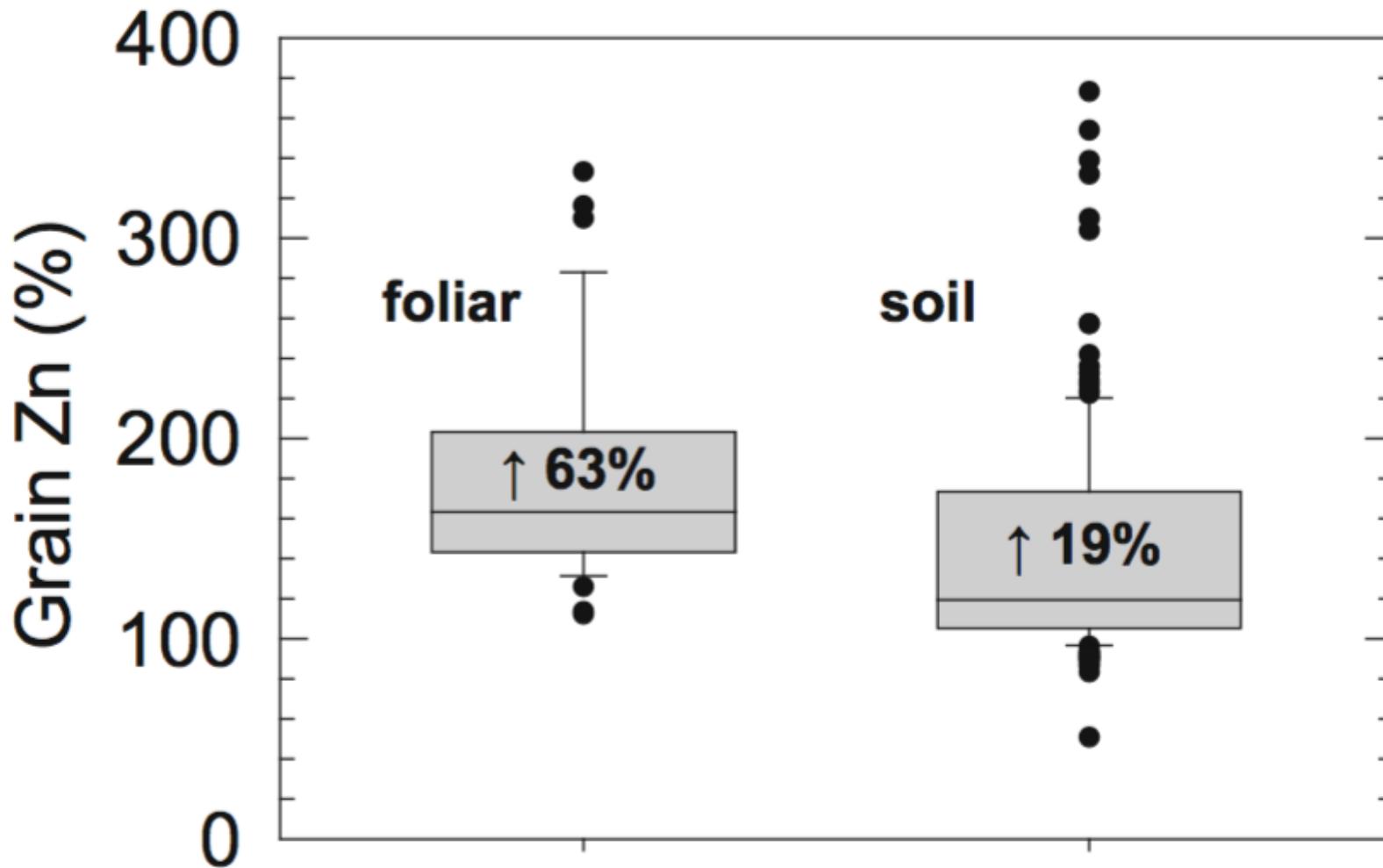
Received: 28 November 2014 / Accepted: 23 February 2015 / Published online: 8 March 2015
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Fertiliser-use in sub-Saharan African countries with subsidies



Data from NEPAD/IFDC (2013) Practices and policy options for the improved design and implementation of fertilizer subsidy programs in sub-Saharan Africa. https://ifdcorg.files.wordpress.com/2015/01/sp-41_rev.pdf [October 2015]

Increases in grain Zn concentration as a result of Zn fertilisation (literature-survey; Joy et al., 2015)



Foliar Zn fertiliser application to maize on a smallholder farm, Zimbabwe, 2009 (photo, Prof. Florence Mtambanengwe, University of Zimbabwe)



Health Economic Analyses (based on Disability Adjusted Life Years, DALYs)

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Joy EJM, Ahmad W, Zia MH, Kumssa DB, Young SD, Watts MJ, Stein AJ, Broadley MR (2016). Valuing increased zinc (Zn) fertiliser-use in Pakistan. *Plant and Soil*, doi: 10.1007/s11104-016-2961-7.

Health AND Yield Economic Analyses

Plant Soil

DOI 10.1007/s11104-016-2961-7



REGULAR ARTICLE

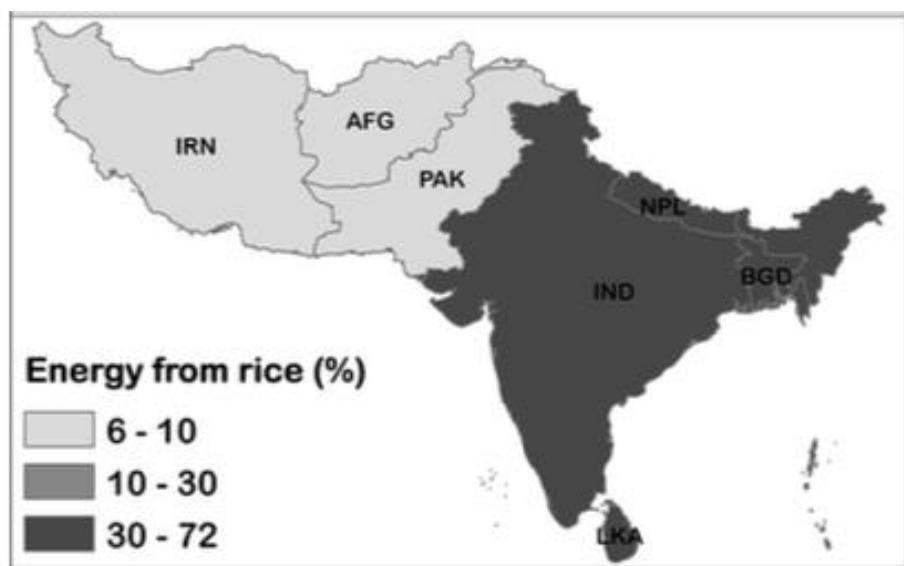
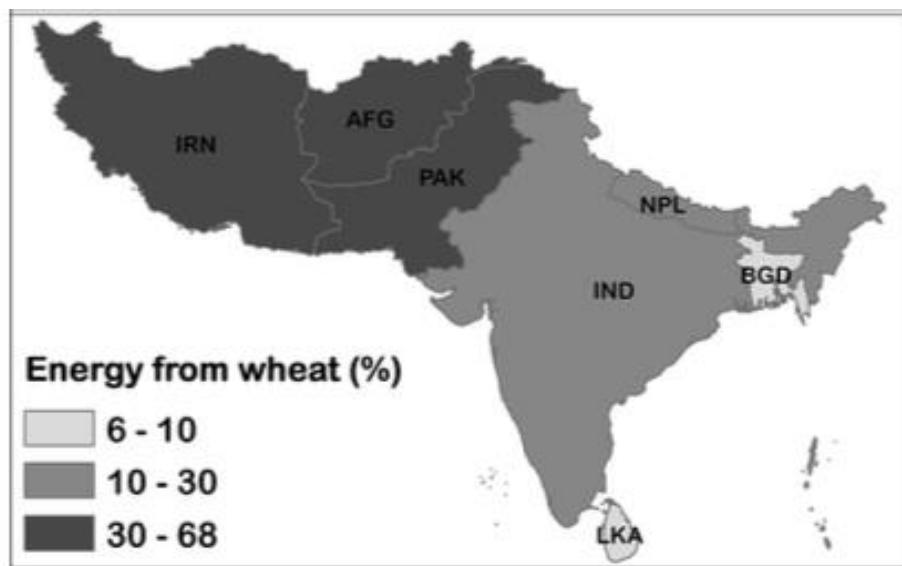
Valuing increased zinc (Zn) fertiliser-use in Pakistan

**Edward J. M. Joy · Waqar Ahmad · Munir H. Zia · Diriba B. Kumssa · Scott D. Young ·
E. Louise Ander · Michael J. Watts · Alexander J. Stein · Martin R. Broadley**

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Valuing Zn fertiliser use in Pakistan

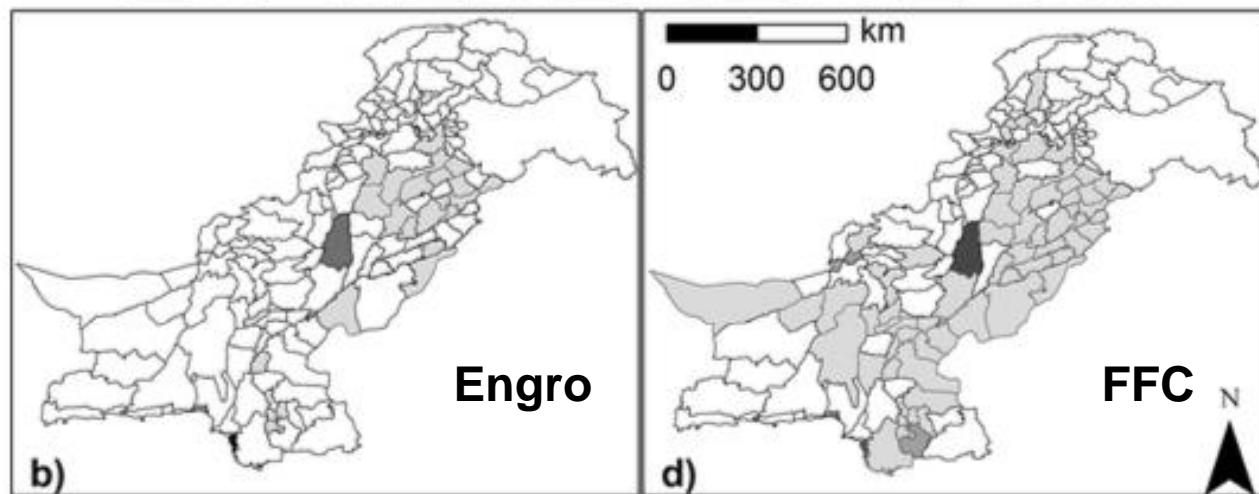
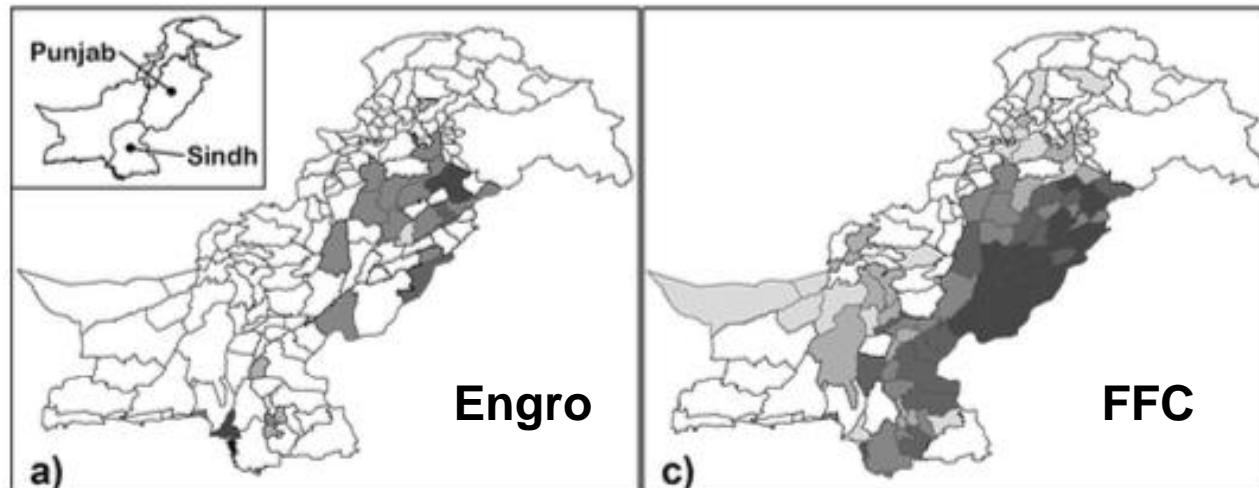


Wheat is the major crop of Punjab and Sindh Provinces

Area	Cropped area, wheat (Mha)	Wheat production (Mt)	Wheat yield (t ha⁻¹)
Punjab	7.5	18.4	2.5
Sindh	1.9	3.5	1.9
Pakistan	~10	~25	~2.7

Source. PBS Agriculture Census 2010 (p. 36); N.B. 90/97% of wheat is irrigated in Punjab/Sindh (p.39)

Industry estimates of Zn-use in Pakistan



FAUJI FERTILIZER COMPANY LIMITED



Agricultural Zn-use baselines in Pakistan

Based on rapid farmer surveys

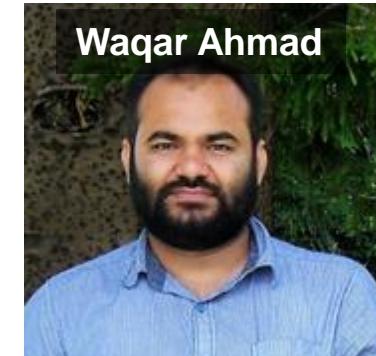
Farmers surveyed in Punjab (n=1193), and Sindh (n=1338) Provinces

Farmers asked about their crop-specific fertiliser-usage and yields
wheat, rice, cotton, sugarcane, maize, 'other'

Only data for wheat are used in this study



Munir Zia



Waqar Ahmad

Rapid farmer survey in Punjab and Sindh

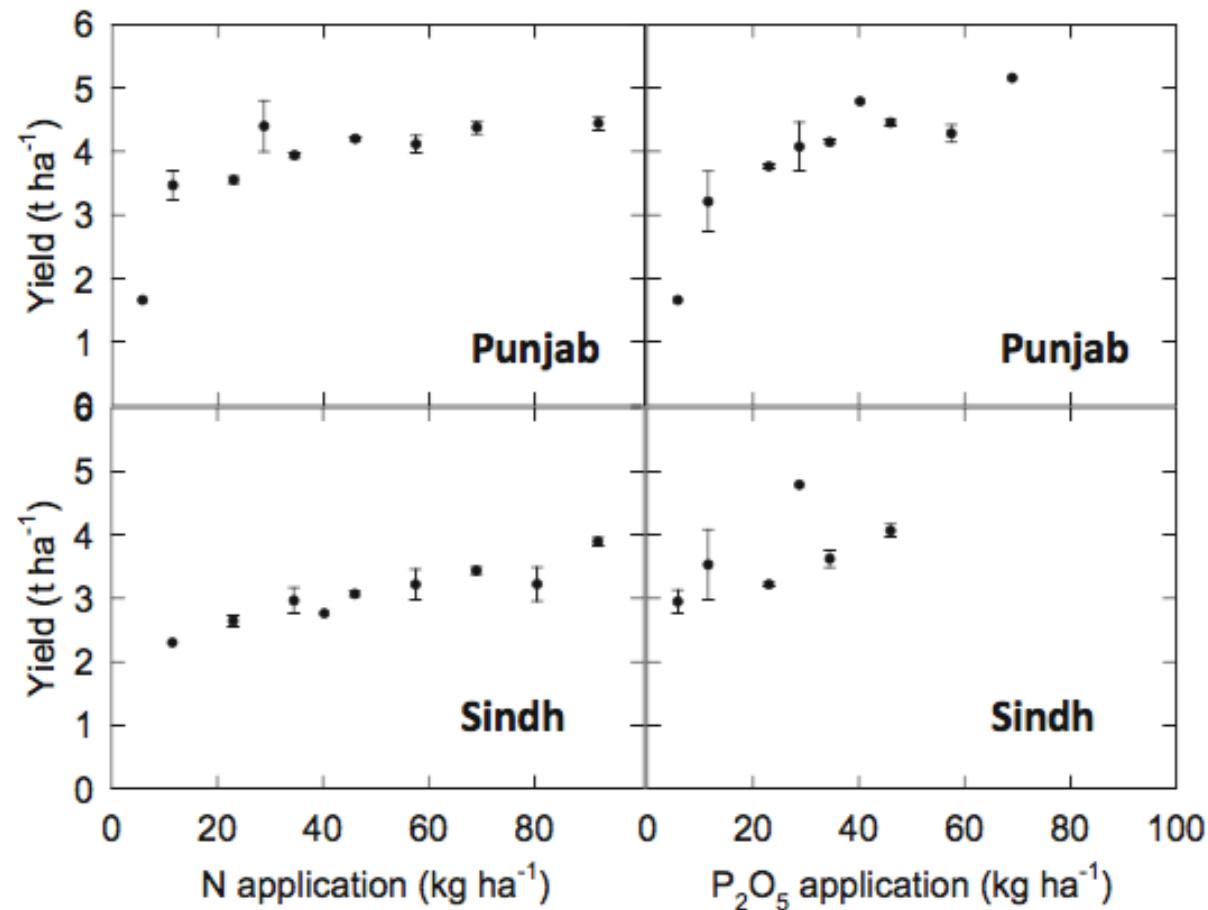
Area	Farmers surveyed		
Punjab	1,193		
Sindh	1,338		
Combined	2,531		

Source. W. Ahmad et al. (2015), unpublished survey data.



Rapid farmer survey in Punjab and Sindh

Yield-response of wheat to N (urea) and P₂O₅ (di-ammonium phosphate, DAP)

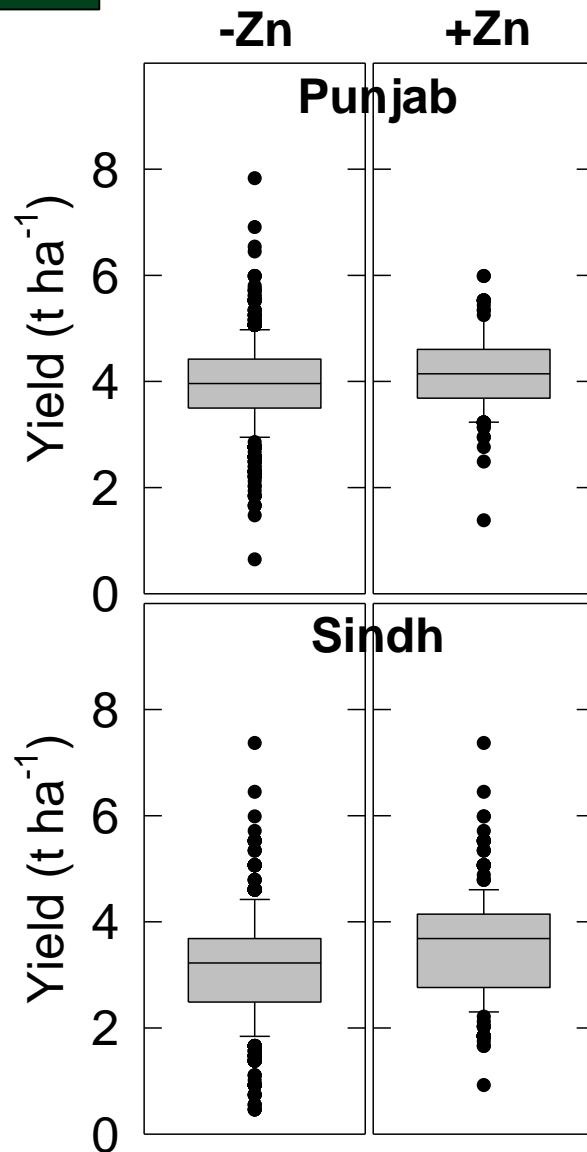


Zn fertilisers are currently used by a proportion of (progressive) farmers

Area	Farmers surveyed	Using Zn fertilisers	Using Zn fertilisers? (%)
Punjab	1,193	172	14
Sindh	1,338	310	23
Combined	2,531	482	19



Yield response to Zn fertiliser



Area	-Zn mean yield ($t ha^{-1}$)	+Zn mean yield ($t ha^{-1}$)	%	P
Punjab	4.0	4.3	108	<0.001
Sindh	3.1	3.6	114	<0.001



Value of increased Zn fertiliser-use in Pakistan

Assumptions used to value Zn fertiliser-use:

1. Baseline Zn-use 7.3 kt y^{-1} at 4.8 kg ha^{-1} ($ZnSO_4 \cdot H_2O$ eq. @ 33% Zn)
2. Constant granular:foliar ratio of 0.7:0.3
3. Wheat support price: \$312 USD t^{-1}
4. Cost of $ZnSO_4 \cdot H_2O$: \$1600 USD t^{-1}
5. Scenario: ↑ Zn fertilisers are distributed to 100% wheat in Punjab, Sindh
6. Benefit:Cost Ratios (BCRs) estimated for ↑ yield
7. Health economic impact of ↓ in DALYs lost, due to an ↑ in grain Zn concentration from national baseline surveys of wheat

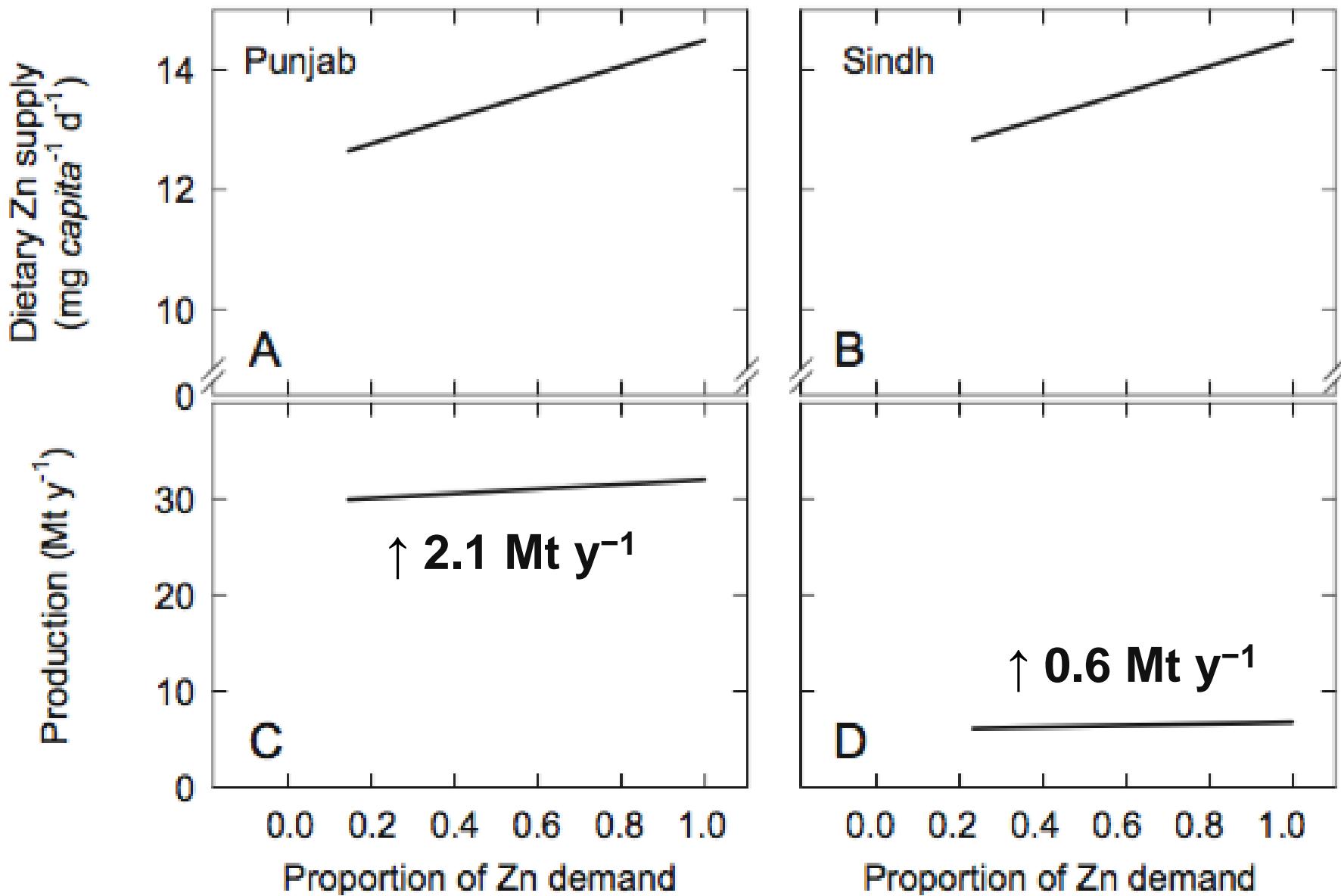


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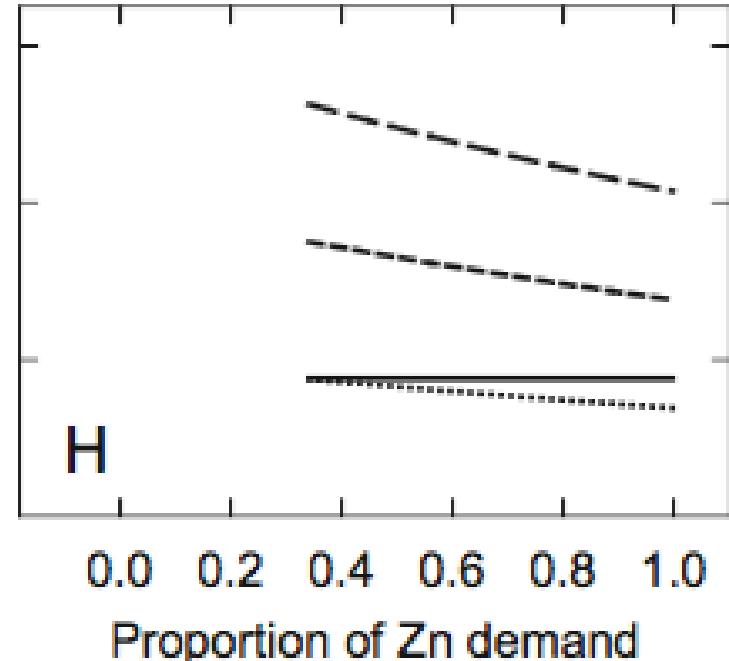
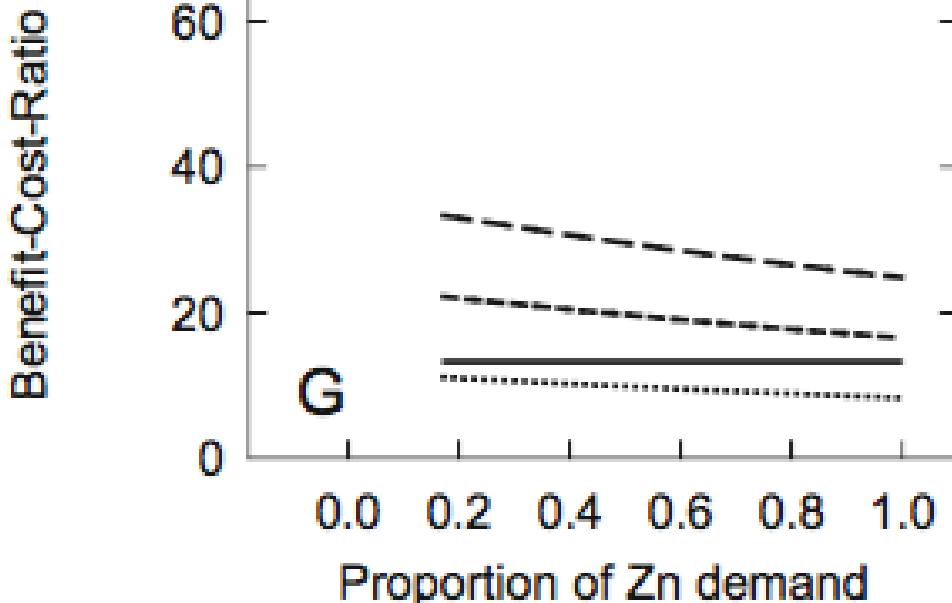
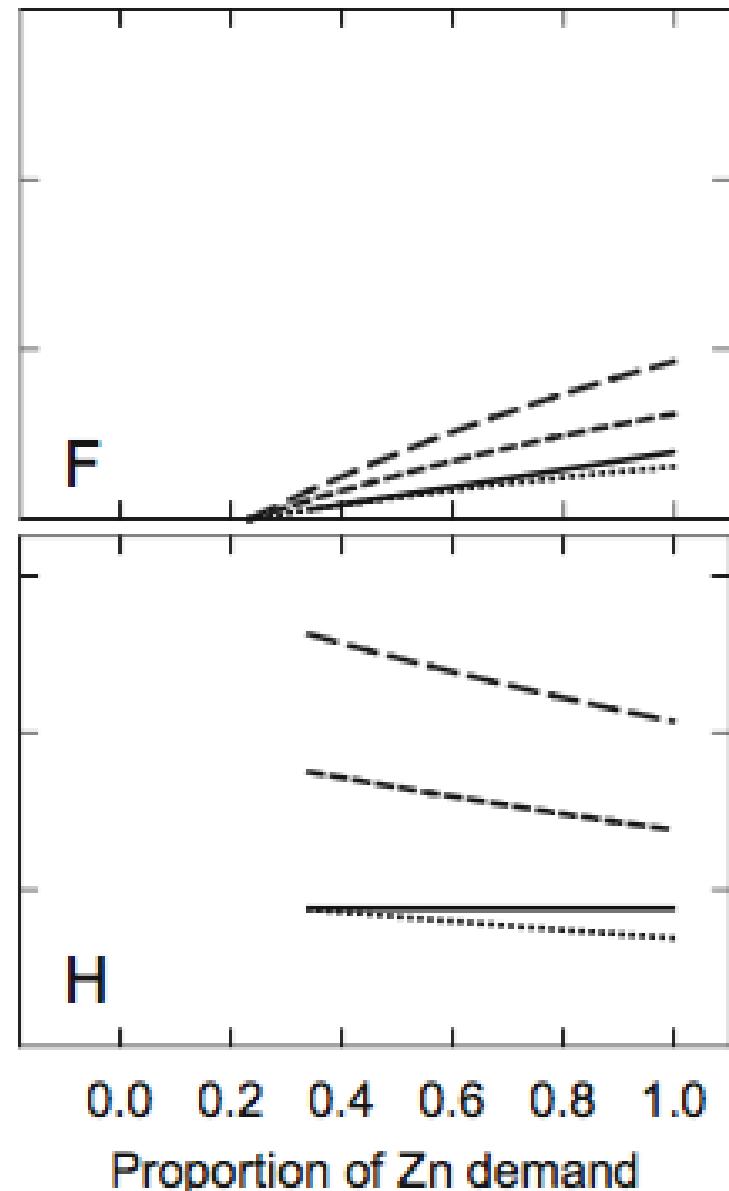
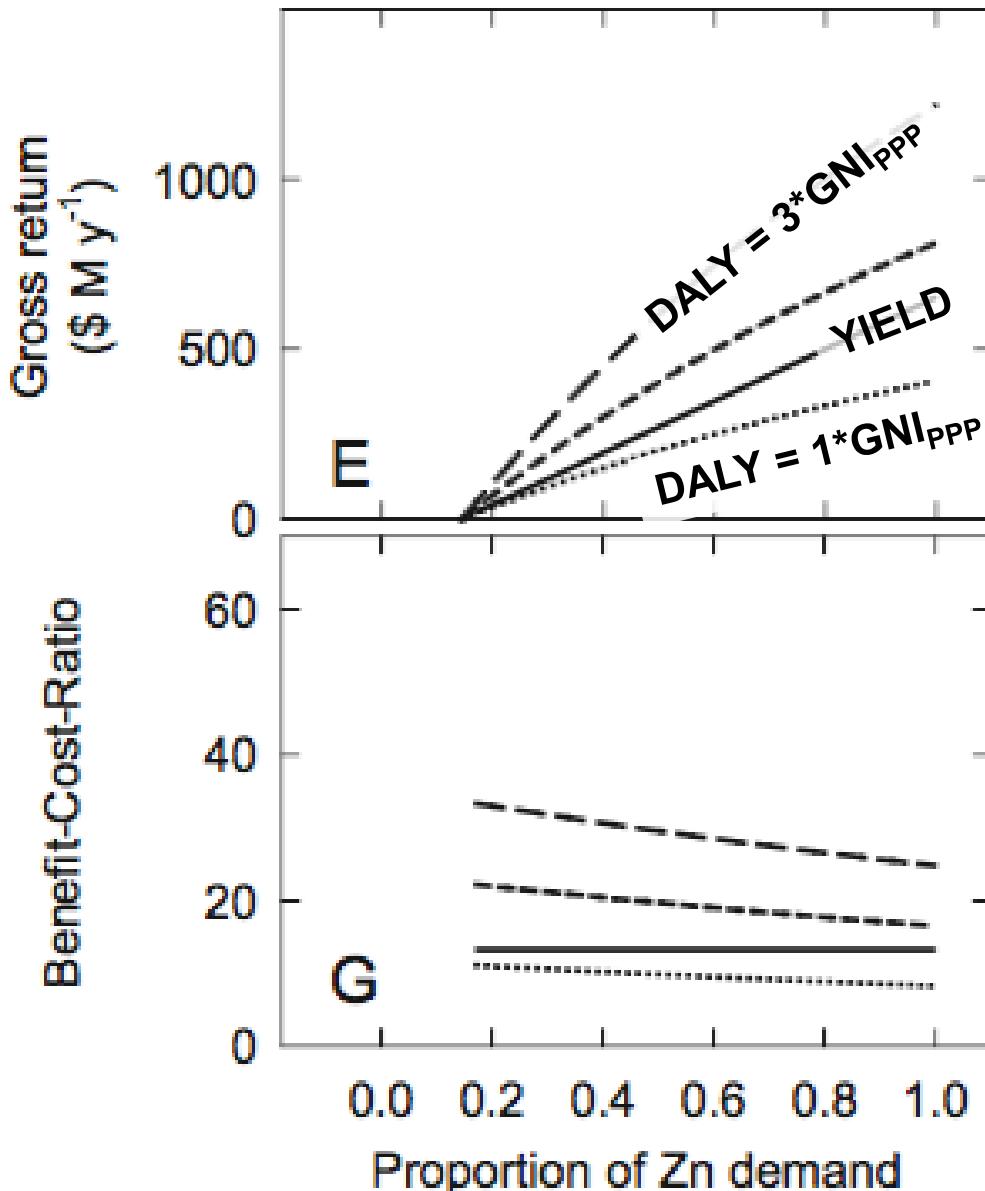
Assumptions used to value Zn fertiliser-use:

8. 4.8 kg ha⁻¹ soil-Zn, ↑ grain Zn by 19% to 29.6 mg kg⁻¹
9. 4.8 kg ha⁻¹ foliar-Zn, ↑ grain Zn by 63%, to 40.6 mg kg⁻¹
10. **Value of 1 DALY = x * Gross National Income-PPP, i.e. x * I\$ 5,110**
*PPP=parity purchasing power: I\$ based on 2011 International Comparison Program**
11. BCRs for ↑ yield and ↓ in DALYs lost are additive
12. No discounting

Valuing Zn fertiliser use in Pakistan (Zn supply, yield)



Valuing Zn fertiliser use in Pakistan (Zn supply, yield)



Valuing Zn fertiliser use in Pakistan (yield + DALYs)

Cost per DALY saved:

Punjab = \$392-549 USD

Sindh = \$256-349 USD

Health Economic Analyses (based on Disability Adjusted Life Years, DALYs)

Intervention	Cost per DALY saved (US \$)	Notes	Source
Granular fertiliser	773-6457	sub-Saharan Africa	Joy et al., 2015
Foliar fertiliser	81-575	sub-Saharan Africa	Joy et al., 2015
Soil + foliar fertiliser	256-549	Pakistan (Punjab, Sindh)	Joy et al., 2016
Foliar (w/ pesticide)	41-594	China	Wang et al. 2016
Crop breeding	0.7-7.3	India (1.1 billion)	Stein et al., 2006
Supplements	65-2758	Prophylactic, 1-4 yrs	Fink & Heitner, 2014
Flour fortification	401	Zambia, VA, Fe, Zn	Fielder et al., 2013

Joy EJM, Stein AJ, Young SD, EL Ander, MJ Watts, Broadley MR (2015). Zinc-enriched fertilisers as a potential public health intervention in Africa. *Plant and Soil*, 389, 1-24.

Joy EJM, Ahmad W, Zia MH, Kumssa DB, Young SD, Watts MJ, Stein AJ, Broadley MR (2016). Valuing increased zinc (Zn) fertiliser-use in Pakistan. *Plant and Soil*, doi: 10.1007/s11104-016-2961-7.

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Valuing Zn fertiliser use in Pakistan (yield + DALYs)

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Conservative BCRs

Used 24% Zn deficiency prevalence, likely to be >40%

Zn fertiliser effects can persist for 3-4 subsequent crops

Strong drivers for private and public investment in Zn fertilisers

**Blending Zn and granular fertiliser in Punjab, Pakistan
(photo, Dr Munir Zia, Fauji Fertiliser Company)**



Blending Zn and granular fertiliser in Punjab, Pakistan (photo, Dr Munir Zia, Fauji Fertiliser Company)



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Valuing Zn fertiliser use in Pakistan (yield + DALYs)

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Strong drivers for private and public investment in Zn fertilisers

Other soil improvements will increase yield further

P, K, and B fertilisers are under-utilised in Pakistan
Many saline/sodic soils

Breeding for increased grain Zn concentration adds further ‘value’

Acknowledgements

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